



Weekly Bulletin

Friday 24 February 2023



WHAT IS ON THIS WEEKEND!



LAST MINUTE REMINDER

LEARN HOW TO CREATE GREAT PHOTOS ON YOUR SMARTPHONE THIS SATURDAY 25 FEBRUARY – 10.00 AM

Our Saturday morning photography series continues tomorrow morning, 25 February, when Steve Walmsley will be presenting a session on “Smartphone Photography”.

Steve will be showing us how we can use some of the various camera functions on our smartphones to help improve our photography.

For instance, how to turn on the grid lines feature to keep the horizon straight and to help with composition. Did you know that with a tap of the finger, you can select the area in your picture that you want to zero



in on for sharpness and the best exposure? What is metadata and how can you use it to access details about past photos you have taken? Just to mention a few of the many photo-enhancing features that come with our phones as well as the many third-party apps that are readily available and mainly free to access. Doesn't matter if you are an Android or Apple phone user as Steve's presentation will be applicable to both phone systems. This will be a hands-on practical session and will be one of those occasions where you can leave your phones on.



Our final session in this current series will be held on **Saturday 11 March** which Steve has called the “**Digital Darkroom**” when he will cover how to best go about moving, storing, enhancing and sharing your smartphone photos.

Each session will commence at 10.00 am and should go for around two hours. There will be plenty of time for both general discussion and any questions you may have about the session or photography in general. The cost of each session is \$5.00 and you can come to all the sessions or just the one that may interest you the most. All club members and friends are welcome to attend and morning tea will be available. There is no need to book, just come along on the morning.

Finally, these sessions are being held on behalf of our Shutterbug's Camera Group. Our Shutterbug's meetings are currently in recess, but we are hoping to get them back onto the club's calendar of events hopefully in the near future. *Norm Swanwick.*



CLUB CLIPBOARD!



Wednesday – 1 March - 8.30 am INTRO TO BIRDWATCHING

Holdens Creek Pond, Edgeworth Pde, Coombs

Meet at the usual carpark on Mortimer Lewis Cr (just down from the Drakeford Drive intersection) in Greenway at 8.30am.

We will carpool to the pond in Coombs. Over 100 species of birds have been seen at this pond, including White-fronted Chat (unusual) and Lewin's Rail (rare) this year. This will be quite an easy walk, mostly on paved tracks. Wear sturdy shoes, bring a hat, water, binoculars and sunscreen.

Please let:

Lia (liabattisson@grapevine.com.au)

or Sandra (shirmax2931@gmail.com)

know if you will be attending.



Wednesday –1 March – 9.00 am 'TAKE 55' Movie/Coffee Group

Lots of laughs and good conversation at the coffee meeting at Vikings Club last Wednesday. A couple of new people came and are looking forward to the movie next week.

On 1 March, we will meet at Cherry Bean at 9.00 am before going to Limelight to see "Fishermen's Friends" at 10.10 am. Come along and join good company and a great movie.

. Pam Hall



Following the unexpected success of their debut album "No Hoppers, Jokers and Rogues" the world's oldest 'buoy band' is struggling to navigate the pressures, pitfalls and temptations of their newfound fame. FISHERMAN'S FRIENDS 2 follows the celebrated shanty singers as their journey continues to realising their dream by performing on the pyramid stage at Glastonbury.



FAMILY HISTORY GROUP

The next meeting of the Family History Group is
Thursday 2 March at 10am until 12noon
in the Parkview Hall, with a break for morning tea.

This month's topic is

WHAT TO DO WITH YOUR DOCUMENTS WHEN YOU STOP RESEARCHING OR WHEN YOU DIE

**Find out what happens to your Tree and
who to give your documents to and how.**

New members are always welcome.

Members of the group are happy to assist a new researcher on where to start.

Liz Dean is the convenor contactable on lizdean@ozemail.com.au.

CLUB CLIPBOARD!



ACRYLIC ART WORKSHOP

Our resident acrylic art instructor,
Maria Polmeer,
has prepared our next workshop.

SATURDAY 4 MARCH 2023

10.00 am till 1.30 pm

The subject is:

The Dramatic Silhouette

I wonder just what that means?

Cost \$55.00 includes canvas,
brushes, & paints

There are still some places left, payment is
required at the time of booking

See the poster on Club noticeboards for
further details!

TIMETABLE

Saturday 25 Feb – Sunday 5 March

*GC Gumnut Cottage *TSC Tugg Seniors Centre

Day / Date	Time	Activity
Sat 25 Feb	10.00 am	Smart Phone Photography Shutterbugs W/S - TSC
Mon 27 Feb	9.30 am	Bolivia - GC
	9.30 am	Zumba - TSC
	10.30 am	Mov & Mem - TSC
	1.30 pm	Table Tennis - TSC
	2.00 pm	Improvers Bridge - GC
Tues 28 Feb	8.00 am	Active Ex – Men - TSC
	9.10 am	Active Ex – W – TSC
	9.30 am	LL Cycling Group
	10.00 am	Pool – Beginners - GC
	10.30 am	Heart & Soul -TSC
	1.00 pm	Mah-jong – GC
	1.15 pm	Seated Yoga – TSC
Wed 1 Mar	8.30 am	Intro to Bird Watching
	9.00 am	‘Take 55’ Movie Group
	9.30 am	Cribbage – GC
	10.00 am	10 Pin Bowling
	10.00 am	Carpet Bowls – TSC
	12.15 pm	Line Dancing-AB-TSC
	1.00 pm	K-nit ‘n’ K-natter – GC
	1.30 pm	Line Dancing-Beg -TSC
	2.45 pm	Line Dancing-Imp – TSC
Thurs 2 Mar	9.30 am	500 (cards)- GC
	10.00 am	Pool – Social - GC
	10.00 am	Family History - TSC
	1.00 pm	Mah-jong – GC
	2.00 pm	Book Club - TSC
	3.30 pm	Social Bridge – GC
	3.45 pm	Yoga – TSC
Fri 3 Mar	8.30 am	Cycling Group
	9.15 am	Tai Chi – TSC
	9.30 am	Pitch n Putt
	11.45 am	Sit n Be Fit – TSC
	12.00 pm	Learning Circle – TSC
	2.00 pm	Carpet Bowls – TSC
Sat 4 Mar	10.00 am	Acrylic Art W/S - TSC
Sun 5 Mar	8.50 am	Discover Canberra WG
	2.00 pm	Social Bingo - TSC

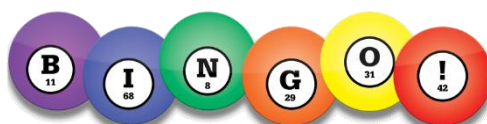
Sunday – 5 March – 2.00 pm **SOCIAL BINGO**

Phil and John return on Sunday as our
Bingo caller and organiser ‘extraordinaire’
for the regular Social Bingo afternoon.

Social by name and social by nature, the
prizes are in the spirit of the afternoon.

And it is a chance to chat, dab and enjoy
a little mind gymnastics!

Everything that you will need is available
on the day including a delicious afternoon
tea – why not come along and join the
fun.



ACTIVITIES UPDATE!



Thursdays – 3.45 pm – 5.00 pm **YOGA**

As the number of attendees has increased for this class, and for the comfort and safety of everyone, we have decided to revert to a booking system through EventBrite from

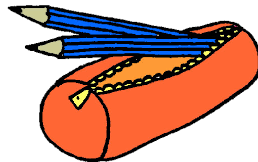
THURSDAY 2 MARCH

The link to book a place in the class is below.

<https://www.eventbrite.com.au/e/yoga-thursday-tickets-548116811137>

*The cost of each class is \$8.00,
paid on arrival.*

*With all online class bookings, we ask you please not to book more than
1 or 2 weeks in advance.*



GRAPHITES DRAWING GROUP – ON THE MOVE!

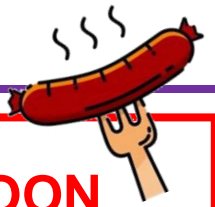
The Graphites Drawing Group will now be meeting at **10.00 am on 2nd and 4th WEDNESDAYS of the month in the Waterview Lounge** in the Club's main building from Wednesday 8 March.

This group was formed after the completion of Catherine Alexander's first Drawing Workshop as a way for participants to continue drawing, sharing their knowledge and skills acquired. They draw, they chat, and they give each other encouragement with their current projects and beyond! New members are always welcome!



DATE FOR YOUR DIARY **31 MARCH – CREATIVE SENIORS DAY!**

Watch out for further details for CREATIVE SENIORS DAY being held by Tuggeranong Arts Centre on Friday 31 March. Taster poster in Community Billboard with more information to follow!



COME N TRY GAMES & BARBACUE AFTERNOON

While there were the obstacles of the warm weather and of course, the Multi-Cultural Festival as stiff competition, the Club's open afternoon attracted over 30 members.

One of our resident 'Tong Masters', President Phil Burns was in charge of the sausages (no need for the fire brigade this time) and was ably assisted by Wednesday Office Volunteer, Margaret Lester, who donned an apron and declared herself his 'apprentice' for the afternoon. Purchased from Jordo's Chop Shop at Wanniasa, the sausages and onions were well cooked and delicious as always.

The day was an opportunity to explore:

- the tricks of table tennis
- how to bowl with a bias when playing indoor carpet bowls
- pitch the boule for Pétanque
- discover your inner 'pool shark' over a game of pool!

There was much mirth as balls large and small rolled and spun around the hall and a certain Tuesday office volunteer had an air of victory having held a pool cue for the first time.

The large trees around the paving area provided much need shade while enjoying a sausage and Pétanque elected to move to a shadier spot rather than their normal piste. The heat didn't deter members and there always seemed to be a cluster of eager participants.

The Club has a growing membership of 840 members, 59 having joined since the Christmas break. This afternoon was instigated to give everyone a taste of some of the social and active programs that are run each week. A big thank you to John Williamson and Norm Swanwick (Pool & Table Tennis) who were the main organisers, John Dahl (Carpet Bowls) and Andrew Rankine (Pétanque) for generously giving up their Sunday afternoon to take part. And of course, to TM Phil and his lovely apprentice, Margaret.

We hope all who came had fun and we will evaluate the day in relation to future 'Come n Try' afternoons so watch this space!



Above: Enjoying the shade and a sausage!



Left: Tong Master, President Phil Burns
Below: 'Pool Sharks' in the making....





FRIDAY CYCLING GROUP

This happy looking bunch meet every Friday morning at 8.30 am (during the warmer weather) at the Lake Tuggeranong BBQ area opposite the Skate Park.

Their rides are expertly 'plotted' by Norm Collings, and when he is away by Neil Moffatt, generally with a local coffee café as the main focus!

Last week the weather was perfect and with Neil at the helm, the intrepid group headed for Mawson on the cycle path to Mawson Drive for coffee at Guru.



Photo courtesy Neil Moffatt



"I finally found a comfortable saddle."

COMMUNITY BILLBOARD!



CREATIVE SENIORS DAY



ART, DANCE & CHORAL WORKSHOPS

CSO YOUTH ORCHESTRA CONCERT

TAI CHI & GUIDED LAKE WALKS

EXHIBITION OPENINGS

FRIDAY
31 MARCH
TUGGERANONG
ARTS CENTRE



ACTIVITIES ARE FREE
BOOKINGS ESSENTIAL





CATS - the Musical

Erindale Theatre from 2-18 March 2023

This much-loved Andrew Lloyd Webber musical promises to be a spectacular show for the whole family to enjoy. The Canberra Philharmonic Society presents a brand-new high-energy production featuring an incredible cast, amazing choreography, a fabulous live orchestra and the all the memorable hits; Memory, the Rum Tum Tugger, Macavity and Jellicle Songs for Jellicle Cats.

BOOK NOW

For more information about this event:

<https://philo.sales.ticketsearch.com/sales/sales>



WHEN: Sunday, 2 April, 2023, 2.00 – 4.00 pm

WHERE: Cuppacumbalong, Naas Rd, Tharwa

COST: \$35 (plus \$0.88 booking fee).

includes Sparkling Wine or Water/Juice on arrival, then a Concert featuring a variety of songs including *Blue Moon*, *Come Fly with Me*, *How High the Moon*, and lots more, followed by Devonshire Tea/Coffee.

BOOK: TryBooking

BOOKINGS CLOSE: MONDAY 27 MARCH, 2023

INFORMATION:

Rhythm Syndicate www.rhythmsyndicate.com.au

Cuppacumbalong <https://cuppacumbalong.com.au>