



'Tugg Talks' Weekly Bulletin Friday 14 April 2023



PRESIDENT'S UPDATE!



PENDING CLUB CLOSURE



Due to intrusive maintenance work that has been identified in both buildings by our landlord, ACT Property group, we have no alternative but to close the Club for the two-week period from

MONDAY 8 MAY to FRIDAY 19 MAY

While the decision to close the Club might seem a little drastic, workmen during the busy Club calendar would be impossible to manage while providing a healthy and safe environment for all members. The carpark will also have to be closed. Major work will take place; ceiling and vinyl tiles replacement, painting, demolition and replacement of joinery – the list is a long one.

I apologise for the inconvenience, but it will be better and faster for a dedicated closure of the doors to let the government complete the work without interference. We have been advised they have been able to organise all their workmen and supplies to complete this work during this time period.

The Bulletin will continue but all activities in both buildings **WILL NOT BE HELD** during the two weeks that the maintenance work is being done and the EventBrite calendar will be adjusted to reflect the closure. The Club office will also be closed.

Activities held outside the Club will obviously not be affected and will continue as normal.

I am at the Club often during the week so if you have any questions or concerns, please feel free to have a chat!

Phil Burns, President



CLUB CLIPBOARD!

SCHOOL HOLIDAY DATES

**Zumba &
Movement 4 Memory**
Finishes Mon 3 April
Returns Mon 1 May

**Heart & Soul
Singers**
Finishes Tues 4 April
Returns Tues 2 May

**Seated
Yoga**
Finishes Tues 4 April
Returns Tues 2 May

**10 Pin
Bowling**
Finishes Wed 29 Mar
Returns Wed 26 April

**Yoga
Thursday**
Finishes Thurs 6 April
Returns Thurs 27 April

TIMETABLE

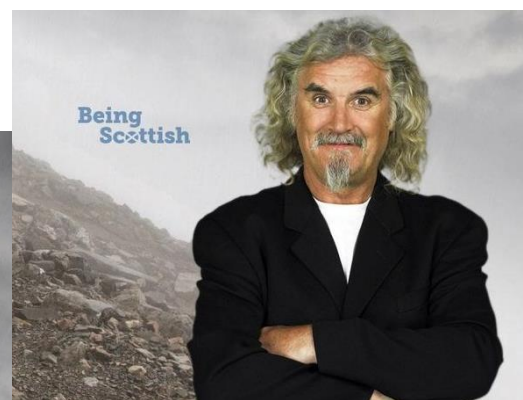
Saturday 15 April – Friday 21 April

*GC Gumnut Cottage *TSC Tugg Seniors Centre

Day / Date	Time	Activity
Sat 15 Apr	1.30 pm	Games Afternoon - GC
	1.30 pm	Social Pool - GC
Sun 16 Apr	9.20 am	Discover Canberra WG
Mon 17 Apr	9.30 am	Bolivia - GC
	9.30 am	Crafty Corner - GC
	10.00 am	iPad SIG - TSC
	1.30 pm	Table Tennis - TSC
	2.00 pm	Improvers Bridge - GC
	8.00 am	Active Ex – Men - TSC
Tues 18 Apr	9.10 am	Active Ex – W – TSC
	9.30 am	LL Cycling Group
	10.00 am	Pool – Beginners - GC
	1.00 pm	Mah-jong – GC
Wed 19 Apr	9.30 am	Cribbage – GC
	10.00 am	'Take 55' Movie Group
	10.00 am	Carpet Bowls – TSC
	12.15 pm	Line Dancing-AB-TSC
	1.00 pm	K-nit 'n' K-natter – GC
	1.30 pm	Line Dancing-Beg -TSC
	2.45 pm	Line Dancing-Imp – TSC
	9.30 am	500 Cards- GC
Thurs 20 Apr	10.00 am	Family History Working Group - TSC
	1.00 pm	Mah-jong – GC
	1.00 pm	Reading Group - TSC
	3.30 pm	Social Bridge – GC
Fri 21 Apr	9.00 am	Cycling Group
	9.15 am	Tai Chi – TSC
	9.30 am	Pitch n Putt
	11.45 am	Sit n Be Fit – TSC
	12.00 pm	Learning Circle – TSC
	2.00 pm	Carpet Bowls – TSC

"I hate all those weathermen who tell you that rain is bad weather. There's no such thing as bad weather, just the wrong clothing, so get yourself a sexy raincoat and live a little."

BILLY CONNOLLY



CLUB CLIPBOARD!



Saturday – 15 April – 1.30 pm

GAMES AFTERNOON

The monthly Games Afternoon is on again on Saturday 15 April at Gumnut Cottage commencing at 1.30 till about 4.00 pm. For board game enthusiasts and those who are looking for a fun afternoon, it is a chance to learn a new game while socialising with fellow members. There are also dice, word, and card games – a great variety. Afternoon tea is part of the socialising, and any contributions of food are always welcome.

Anne Meade

Saturday – 15 April – 1.30 pm

SOCIAL POOL!



Social Pool has moved from 1st & 3rd Thursday mornings and we are trialling 3rd Saturday afternoon as a possible time for a game or two. It's very social and a great way to get to know your fellow club members in a friendly atmosphere.

John Williamson and Norm Swanwick will be only too happy to explain the game and give you some tips on how to get those balls into the pockets, as long as it's not the white ball! All equipment is provided so you don't need a cue. Why not come along and try this low impact activity that gets you walking and stretching around the pool table, making social connections while enjoying the mathematical challenge!

Wednesday – 19 April – 9.30 pm

'TAKE 55' Movie/Coffee Group

A small group met for coffee at Cherry Bean on Wednesday 5 April and then went to see *Air* at Limelight. We all enjoyed the movie more than we expected and it was an interesting look at the marketing of Nike.

Due to the school holidays, we met for coffee, conversation, and great company this week on what turned out to be a very cold day!

Next week, Wednesday 19 April we will meet at Cherry Bean at 10.00 am, before going to Limelight Cinema to see *Mafia Mamma* at 10.45 am. Why not come and join us for coffee, good conversation and a movie! Everyone is welcome! *Pam*



Set in stunning locations across Italy, *Mafia Mamma* follows an American woman Kristin (Toni Collette) who unexpectedly inherits her grandfather's mafia empire in Italy. From dressing as a librarian and having never seen *The Godfather*, Kristin, with some guidance from the firm's trusted consigliere (Monica Bellucci), defies everyone's expectations, including her own, as the new head of the 'family' business.

CLUB CLIPBOARD!

Thursday – 20 April – 10.00 am

FAMILY HISTORY WORKING GROUP



This is a get together to discuss family history queries raised by those who attend. It is combining the DNA and the Family Tree Maker Groups, but discussion is not limited to these topics so if there is something you would like help with or to talk about, please come along. If you have a laptop/tablet containing your research, please bring it with you.

Whether you are an experienced family historian, a beginner or just interested, please feel welcome!

Liz Dean

SHUTTERBUGS CAMERA GROUP MEETINGS UP AND RUNNING AGAIN!



The Shutterbugs Camera Group will be resuming its monthly meetings following a recent twelve-month break. Our first meeting will be held on **THURSDAY 27 APRIL** in the main club building, starting at 10.00 am and then, every fourth Thursday of each month. If you were one of the many members who attended our recent Saturday Morning Photography sessions and still have questions or would like to know more about how to best use the many features on your smartphone or digital camera, then come along to our meetings and one or more of our Shutterbugs members will be only too pleased to help. Our meetings will have an informal self-help approach where members will have the opportunity to exchange ideas share their knowledge and experiences on all aspects of photography and most importantly assist fellow shutterbugs with any questions they may have.

There will also be the opportunity to bring along any photos you may have for general discussion and maybe you would like to invite some constructive comments. We will also discuss whether we resume our monthly projects and the possibility of mounting and displaying our favourite photos on the walls of the main hall. We will also take a look at some interesting places around Canberra and district where we can conduct outings to. Maybe you have a spot you think would be great to visit and grab a few shots. Outings are great opportunities for gaining some practical experience on how best to use our cameras.

It doesn't matter if you are a beginner or an experienced smartphone/digital camera user as everyone will be welcome to join us. So why not come along to one or more of our meetings every fourth Thursday of the month, grab a cuppa and join us some friendly and informative discussions on all things about this popular pastime.

Norm Swanwick for Shutterbugs.

FAMILIAR FACES!



A familiar face spreading her wonderful wisdom - showcasing some of the kindest neighbours from around the country in Nextdoor's **Celebrate Your Neighbour** competition, [Channel 7 News](#) spoke to the grand prize winners from Cromer in Sydney's Northern Beaches, and 104 year old Anne (Sneap) from Canberra on the importance of kindness and helping build stronger communities, whether it's with a shovel - or knitting needle.

My mother, who is nearly 105, knits daily, producing beanies, baby clothes, socks, and blankets for various charities. In the past 20 years she has knitted over 1,000 teddy bears, many of which have brightened the lives of children in third world countries. For her, happiness is helping others.

Anne Jakes



And two more familiar faces – strutting their stuff helping to advertise [Geri-Fit](#), a FREE strength-training program for participants who are aged 60 years and over, being hosted by Woden Library.

COMMUNITY BILLBOARD!

CREATIVE SENIORS DAY!



Creative Seniors Day was held on Friday 31 March and President Phil Burns and Committee member Magda Sexton spent time during the day, manning a stall upstairs in the Lodge on behalf of the Club.

The day was full of sunshine, creativity, and good company and some Club members were among participants who joined in various activities around the Arts Centre. There were many opportunities tap into your creative side, to get a taste of the programs that are run at the Arts Centre and to take home a beautiful hand created piece. And it was lovely to have an event for Seniors down South!



Time Travel Awaits - Join ACT Heritage Festival To Explore The Region's Rich History

The [40th ACT Heritage Festival 2023](#) runs from 11-30 April and 160 exhibits offer journeys through the region's past, with topics including a Milky Way photography course, Lambrigg Homestead open day, Duntroon Dairy open day, celebration of Female Spies in the Capital, as well as a cycling challenge, and tree education sessions.

Don't miss this opportunity to explore, learn, and share stories at the Canberra and Region Heritage Festival. [Full program of the ACT Heritage Festival.](#)