



'Tugg Talks' Weekly Bulletin Friday 28 April 2023



CLUB CLIPBOARD – OUT & ABOUT!



VISIT TO

AUSTRALIAN NATIONAL BOTANIC GARDENS!

Tuesday – 2 May

ANBG Botanic Art Groups Exhibition / Guided Walk 9.45 am (Exhibition) / 10.45 am (Walk only)

Before winter sets in, all members are invited to join the **Garden Gossip group** who are taking the opportunity to enjoy some outdoors time with a trip to the **Botanic Gardens on Tuesday 2 May**. There are daily guided walks at 11.00 am as well as an interesting exhibition at the Visitors Centre by Friends of the ANBG Botanic Art Groups.

Daily Guided Walks

Every guided walk is different; the hour walk is on a return track and is an easy meander. Led by their knowledgeable guides, these walks allow you to appreciate the beauty and clever adaptations of Australian plants and the research and effort involved in creating and maintaining the gardens.

High Country Natives

An exhibition focusing on native plants from the alpine, subalpine, montane and tableland regions by the Friends of the ANBG Botanic Art Groups.

The artists have used a variety of media including watercolours, coloured pencil, graphite, pastels, and acrylic paints to illustrate plants in an intricate and highly realistic manner. All works are for sale with proceeds going to the Friends of the ANBG.

Meeting times are:

9.45 am to give time to see the exhibition before the walk or

10.45 am at the clock at the bridge if just doing the walk

After the walk, there is the option to stay on and enjoy coffee or lunch in the beautiful garden setting.

So why not join Jill at one of Canberra's hidden Treasures! And, please remember to wear your Club badge!

CLUB CLIPBOARD – OUT & ABOUT!

GOING TO GOULBURN! TUESDAY 9 MAY



**There are still some seats left -
Bookings close Wednesday 3 May!**

Once a place to stop on the way to Sydney, the bypass has been the catalyst for this country town to develop into a desired destination. And we will experience a little of what is on offer!

Leaving from the Burns Club at 8.00 am, we will soak up some local history with a guided tour of **Garroorigang Homestead** which will include morning tea. Lovingly restored by Anna and Stuart Hume, this lived-in home has been part of Goulburn's history for 158 years.

Continuing on the history trail, we will then pick up our local guide who give us a **snapshot of the City**, including a tale or two. We will end the tour at the **historic Waterworks** where we will step back in time to the 1880's when Goulburn first supplied piped drinking water to its residents.

By this time, we will have worked up an appetite so lunch at a local café, **Greengrocer on Clifford** will be welcome! Their menu is fresh and varied and we ask you to choose from the five alternatives below: *(Please note: Lunch is included in the cost, but drinks are not)*

1. **GRILLED BARAMUNDI** – with chips & Salad
2. **QUICHE** – served with salad
 - 1) Bacon, baby spinach and tasty cheese or
 - 2) Butternut pumpkin, basil, onion, & fetta
3. **WARM SALAD BOWL** - Marinated beef, wok tossed with Spanish onion, and capsicum on a bed of cos lettuce, cucumber, served with tzatziki and potato crunch
4. **PITA PLATE** – marinated Greek Style
Chicken or pork served with tzatziki, pita bread, chips and salad
5. **VEGAN BURGER AND SALAD** - Sweet potato and couscous pattie, baby spinach, tomato, onion, avocado and vegan mayo served on Turkish bread

Suitably sated, we will then go on to enjoy the visual delights of the **Regional Art Gallery**. Both inside and out, there is much to see, and our guide will provide an insight into the building and the collections.

Homewood bound, you cannot go to Goulburn without a visit to Rambo, the Big Merino – a little retail therapy, local wool history or a view from his eyes – a fitting way to end the day!



**The inclusive cost for the day
is \$95.00**

**Booking with payment
(including menu choice)
by COB Wednesday 3 May**

CLUB CLIPBOARD!

TIMETABLE

Monday 1 May – Sunday 7 May

*GC Gumnut Cottage *TSC Tugg Seniors Centre

Day / Date	Time	Activity	
Mon 1 May	9.30 am	Bolivia - GC	
	9.30 am	Zumba - TSC	
	9.30 am	Crafty Corner - GC	
	10.30 am	Mov 4 Mem - TSC	
	1.30 pm	Table Tennis - TSC	
Tues 2 May	2.00 pm	Improvers Bridge - GC	
	8.00 am	Active Ex – Men - TSC	
	9.10 am	Active Ex – W – TSC	
	10.00 am	LL Cycling Group	
	9.45 am	Garden Gossip Bot Gdn	
	10.00 am	Pool – Beginners - GC	
	10.30 am	Heart & Soul -TSC	
	1.00 pm	Mah-jong – GC	
	1.15 pm	Seated Yoga – TSC	
	Wed 3 May	9.00 am	Intro To Birdwatching
9.30 am		Cribbage – GC	
9.30 am		'Take 55' Movie Group	
10.00 am		Carpet Bowls – TSC	
12.15 pm		Line Dancing-AB-TSC	
1.00 pm		K-nit 'n' K-natter – GC	
1.30 pm		Line Dancing-Beg -TSC	
2.45 pm		Line Dancing-Imp – TSC	
Thurs 4 May		9.30 am	500 Cards- GC
		10.00 am	Family History - TSC
	1.00 pm	Mah-jong – GC	
	2.00 pm	Book Club - TC	
	3.30 pm	Social Bridge – GC	
	3.45 pm	Yoga - TSC	
	Fri 5 May	9.15 am	Tai Chi – TSC
9.30 am		Pitch n Putt	
10.00 am		Cycling Group	
11.45 am		Sit n Be Fit – TSC	
12.00 pm		Learning Circle – TSC	
Sun 7 May	2.00 pm	Carpet Bowls – TSC	
	9.20 am	Discover Canberra WG	
	2.00 pm	Social Bingo - TSC	

CLUB CLOSURE

**Mon 8 May
– Fri 19 May**

LEISURELY LADIES CYCLING GROUP



Tuesday – 2nd May – 10.00 am

Please note the new ride time of **10.00am**, and also next week – 02 May - we're going to do a longer ride - the plan (weather permitting) is to ride to the Southern Cross Sailing Club for an early lunch at Snapper, enjoying the autumn colour along the shores of Lake Burley Griffin.

The round trip is approximately 40 km from the Scout Hall, and we'll ride up via Weston Creek and the Molonglo River and back via Yarralumla, Curtin and Woden.

For those people who don't want to ride but do want lunch then they will be welcome to join us at Snapper at 12-ish.

Simone Slater

INTRO TO BIRDWATCHING



Wednesday - 3 May – 9.00 am

There's been a quite rare bird at the Molonglo in Coombs for about a month now. **The Spotted Harrier** is a large raptor which hunts mainly over grasslands and is seldom seen in this area.

If you are interested, meet at the usual carpark on Mortimer Lewis Crescent in Greenway at **9.00am**. Lia will be overseas, so let Sandra know if you're coming along, (shirmax2931@gmail.com) and we'll go to **Southcott View in Coombs** where the bird is seen regularly (as well as many other species).

Last month's walk was cancelled because no-one expressed interest.

'TAKE 55' MOVIE/COFFEE GROUP

Wednesday – 3 May – 9.30 am



There was a small group at coffee on Wednesday morning, the day after a public holiday has always been a busy morning for a lot of people.

On Wednesday 3 May we will go to Limelight to see **80 for Brady**. We will meet at Cherry Bean at 9.30 and go to see the movie at 10.15. Everyone is welcome to join us.

Pam Hall



Four veterans of the silver screen (Lily Tomlin, Jane Fonda, Rita Moreno & Sally Field) star in the sports comedy, **80 FOR BRADY**. The film was inspired by the true story of four best friends and New England Patriots fans who take a life-changing trip to Super Bowl LI to see their hero Tom Brady play, and the chaos that ensues as they navigate the wilds of the biggest sporting event in the country.

FAMILY HISTORY GROUP

Thursday – 4 May – 10.00 am

Topic - Scotland



This month this month is 'Scotland'. One of our Club members is going to share with us her memories of being evacuated as child at the outbreak of WW2'.

Then we will explore what information is available on the Scottish Government website, ScotlandsPeople.

Liz Dean

Whether you are an experienced family historian, a beginner or just interested please feel welcome.



CONVERSATION CAFE!

SECRET MEN'S BUSINESS!

Five of us replaced our suspended exercise class due to the ANZAC Day Holiday with a walk up Mt Taylor to enjoy the view, to pause and reflect and to share some Anzac biscuits. Coffee later at Little Istanbul completed the Anzac experience.

Rob Kelly



ABSTRACT INSPIRATION!

Acrylic Art instructor, Maria Polmeer told her class about the famous USA painter who once published a suggestion that to help one let themselves go to paint an abstract, they should have a couple of whiskies, take off their clothes and roll in the grass before commencing.

She looked out at the lovely grass, and they had a good laugh.

Perhaps this should become mandatory before our Acrylic Art Workshops – we have the perfect backdrop!



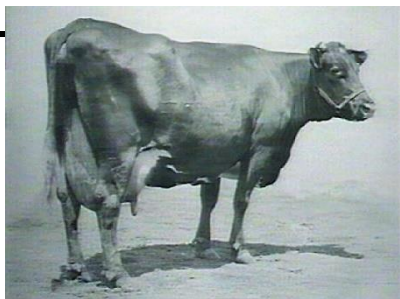
**For Details of the
next Acrylic
Workshop
Watch this space!**

Art Glass

@John Atkinson, Wrong Hands



TALKING TRIVIA!



Meet Melba, the milker who helped put Gundagai on the international map

You all thought Gundagai was famous for the Dog on the Tuckerbox but in the land of history, lore and legend there is another identity of renown – Melba the Milking Cow.

Melba – of Shorthorn stock – was a prolific milk factory in her day, making so much milk the excess was used for butter and cheese.

Her butter would win awards, and her milk was the talk of the nation, so much so that she was declared – in 1923 – the champion milker of the world.

Melba, officially known as Melba XV, was owned by the Scottish-Australian Investment Company at Gundagai and over 365 days, milked three times a day, had yielded 1316.812 ounces (nearly 597 kilos) of butter fat and 29.432 ounces (13.5 kg) milk.

She was seven years and four months and her record bettered that of a Canadian Friesian named Bella Pontiac.

If you're wondering why this story has come to light, it's because the Gundagai Historical Museum has, among its exhibits, a display paying tribute to dear Melba.

The museum – it turns out – is a treasure trove of memorabilia, with displays of pioneer life, bushrangers and even Phar Lap's saddlecloth.

Another highlight of the vast collection is the two gorgets (medallions) presented to Yarri and Jacky, the Wiradjuri men whose efforts saved many lives during the great flood of 1852.

The quaint building has also housed the shirt worn by Banjo Paterson's Kiley of Kiley's Run and the assayer's bowl used by US President Herbert Hoover.

Amid the farm machinery, wagons, equipment, clothing, coins, stamps, household items and other interesting paraphernalia from the 19th and early 20th century also sits a very proud T-Model Ford.

Operating since 1986, Gundagai's Historical Museum plays an important part in sharing regional stories and preserving local history for future generations.

