



# Weekly Bulletin

Friday 30 April 2021

## CLUB CLIPBOARD



**Sunday – 2 May - 2.00 pm**  
**SOCIAL SUNDAY BINGO!**

Bingo returns on the first Sunday in May with our favourite 'Bingo caller', Warren, is back in action. Now we know that Bingo is a fun game – but as it turns out, this good old-fashioned game packs major mental and physical health benefits. Playing increases mental flexibility and alertness, exercises hand-eye coordination and there is also a lot of laughter involved (the best medicine of all).

So why not come and discover why this game is so popular and give your brain a workout at the same time! Games prizes are in keeping with the flavour of the day with bingo sheets and pens available on entry.

Please register your intention to attend by ringing the office: 6293 4004 or email:

[tugg55plusclub@gmail.com](mailto:tugg55plusclub@gmail.com)

*John Williamson*



**Wednesday – 5 May – 9.00 am**  
**BIRDWATCHING GROUP – Stranger Pond**

This outing will look at the birds of Stranger Pond. Meet at 9am at the BBQ shelter at Stranger Pond, Don Dunstan Drive, Bonython. If time permits, we may also visit Pine Island. Stranger Pond is one of the networks of suburban ponds which ensure water entering the Murrumbidgee is as clear of debris and silt as possible, as well as providing recreational opportunities in the suburbs (walking, fishing, picnicking, relaxing).

All club members are welcome - bring binoculars if you have them. No prior knowledge of birds is required. Please wear your name badge if possible.

Our last outing was to Jerrabomberra Wetlands, where a great variety of water birds and a few bush birds were identified.

Please let Sandra know if you coming to this outing ([shirmax2931@gmail.com](mailto:shirmax2931@gmail.com)).

## HELPFUL BIRDWATCHING HINTS

**Keep voices down** - Noise is the number one disturbance to birds and wildlife.

**Wear neutral clothing** - Avoid wearing bright clothing or clothing that rustles.

**Mind your space** - Keep in mind that there may be someone behind you trying to get a photo through a small gap in the forest foliage.

**No trespassing** - Respect boundaries and borders of public and private properties.

**Be polite to your fellow birders** - Be respectful of your group members, whether you know them or not, to ensure a positive birding experience.



# ON THIS COMING WEEK!

## TIMETABLE

Sunday 2 May – Sunday 2 May

\*GC Gumnut Cottage    \*TSC Tugg Seniors Centre

Day / Date	Time	Activity
Sun 2 May	9.20 am	Walking Group
	<b>2.00 pm</b>	<b>Sunday Bingo - TSC</b>
Mon 3 May	9.30 am	Bolivia (cards) - GC
	9.30 am	Zumba - TSC
	10.00 am	Crafty Corner - GC
	10.30 am	Movt & Memory - TSC
	2.00 pm	Social Bridge - GC
	5.15 pm	Yoga - TSC
Tues 4 May	8.00 am	Active Ex – Men - TSC
	9.10 am	Active Ex – W - TSC
	9.30am	LL Cycling Group **
	9.30 am	Euchre - GC
	1.00 pm	Mah-jong - GC
	1.15 pm	Seated Yoga - TSC
Wed 5 May	9.00 am	Birdwatching Group
	9.00 am	Take 55–Coffee/Movie
	9.30 am	Cribbage - GC
	10.00 am	Ten Pin Bowling
	10.00 am	Carpet Bowls - TSC
	12.15 pm	Line Dancing-AB-TSC
	1.00 pm	K-nit 'n' K-natter - GC
	1.30 pm	Line Dancing-Beg -TSC
	2.45 pm	Line Dancing-Imp - TSC
	3.30 pm	Beginners Bridge - CG
Thurs 6 May	9.30 am	500 (cards)- GC
	10.00 am	Family History Gp - TSC
	10.15 am	Pool Group
	1.00 pm	Mah-jong - GC
	2.00 pm	Book Club - TSC
	3.30 pm	Improvers Bridge - GC
	3.45 pm	Yoga - TSC
Fri 7 May	9.15 am	Tai Chi - TSC
	10.00 am	Cycling Group
	10.00 am	Pitch n Putt
	11.45 am	Sit n Be Fit - TSC
	12.00 pm	Learning Circle - TSC
	2.00 pm	Carpet Bowls- TSC

**\*\* Please note change of time for Leisurely Ladies Cycling Group**

**Wednesday – 5 May – 9.00 am**

**TAKE 55 – Coffee / Movie**

If you would like to join us next Wednesday, we are seeing **“Twist”** at 10.00, meeting for coffee at **Cherry Beans at 9.00**. We would love you to join us and please remember to wear your badge! As I mentioned this week, I won't be there; I hope you all have a great day.

*Pam Hall*



*A modern take on the classic tale of Oliver Twist starring seasoned ‘thief’ Michael Caine. A chance encounter with a gang of grifters sees Twist caught up in a high stakes heist to steal a priceless painting.*

**Thursday – 6 May – 10.00am**

**FAMILY HISTORY GROUP**

**What, Where & When & 1841 Census**

This month the Family History Group will explore two interesting and relevant topics:



**Topic 1 – What, Where & When –** Identifying where a photo was taken, and when, can be problematic. Often photos are dated using the type of clothes worn by the people in the photo. But take the people out of the photo. What can the background tell us?

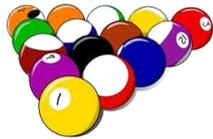
**Topic 2 – The 1841 Census –** Next year the 1921 census will be released. What information was available in 1841 census – the first-year household schedules were copied into enumeration books now available online. What can the 1841 census tell us about our ancestors?



New members are always welcome but as with the previous meetings, we are limited to the number of people we can have in the Club hall, so please contact me to reserve your place (0409 323 014). I would not like anyone who has made the effort to get to the Club, not to be able to join in.

*Liz Dean*

## **SPOTLIGHT ON!**



### **POOL GROUP**

**1<sup>ST</sup> & 3<sup>RD</sup> Thursdays – 10.15 am**

**Burns Club, Kambah**

**Proving you can be 'on the ball'  
no matter your age!**

Do you play pool? Did you play but your skills a little rusty? Are you interested in playing a friendly round or two of 8-ball pool?

Why not join your fellow Club members, both men and women, who meet on 1<sup>st</sup> and 3<sup>rd</sup> Thursday mornings of the month at the Burns Club in Kambah – normal table fees apply.

This is a low impact activity which gets you walking and stretching around the pool tables, making social connections and enjoying the mathematical challenge.

And if you are tempted to take up a cue for the first time, there will be someone to show you how!

We will be meeting on 6 May – why not come along and join us!

*John Williamson*



### **IT HUB**

**INFORMATION SESSIONS**

**COMING UP**

Friday - 14 May – 10.30 am

**'Drop In' Session**

Friday – 28 May – 10.30 am

**Info Session 2 – Syncing your Devices**

The first IT Hub info session took place on Friday morning 16 April about **Online Security**. Topics discussed included email security, antivirus software, passwords, and backups. A Q and A followed where specific questions could be asked.

It was a promising start for what is planned to be an ongoing series of information sessions and the notes from the first session are available [here](#).

The next Info Session will be held on **Friday 28 May 10.30 am**, this time we will be tackling **'Syncing your Devices'**. Please book at the Club Office if you would like to attend.

We are also holding a morning **'Drop In' Session** on **Friday 14 May** from 10.30 am – 11.30 am where you can bring in your device problem and together, we will work on finding a solution!

The Hub is now open for use as well, hours 9.30 am – 2.30 pm with hourly bookings made via the Club Office. For your information, instruction notices are mounted above each terminal.

If you have any thoughts on topics for Information Sessions for the future, please email the office.

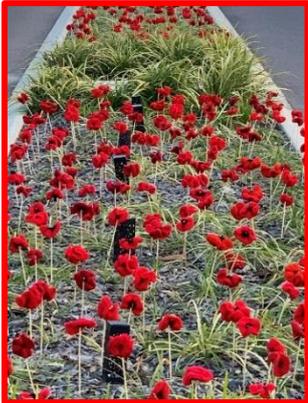
*Robert Peresan*



## **ANZAC COMMUNITY TRIBUTES**

These two stories took my fancy this week; the first is a great local story which will resonate with some of our members and the other is another inspiring 'hay bale' story!

### **KAMBAH'S TRAIL OF POPPIES FOR THE FALLEN**



There were 378 poppies, each lovingly crocheted or handknitted, leading to the lodge of the Marigal Gardens retirement village, in Kambah, placed there by the residents, ready for Anzac Day last Sunday.

The reason why there were 378, was simply because they ran out of wool, glue, sticks and time!

Many of the poppies were handcrafted at the Friday morning craft gathering, the ladies of the retirement village knitting and crocheting as they chatted and sipped tea.

Their collective efforts resulted in moving little pops of red to commemorate the fallen of war.

On Anzac morning the Marigal Gardens residents gathered for their Anzac Service service followed by morning tea, including Anzac biscuits. And a wander past the poppies, of course.

<https://www.canberratimes.com.au/story/7222814/kambahs-trail-of-poppies-for-the-fallen/>

### **MOLOGA'S HAY BALE MEMORIAL**

Not far outside Pyramid Hill on Bendigo Road, the likenesses of 10 soldiers stood watch in the lead-up to Anzac Day along with an image of a poppy and a rising sun badge.

The Mologa memorial was put together by the community to honour both the Diggers and the memory of local farmer Allan Leed who lost his life in a farm accident in 2019.



The soldiers, crafted from hay bales, represented the 10 men from the small community of Mologa who were killed in service during World War I.

Each bale art soldier is individual and bears the name of one of the fallen men. The artworks also reflect details specific to each man, such as eye colour and the medals they were awarded, as they are recorded in a book collated by the local Landcare group.

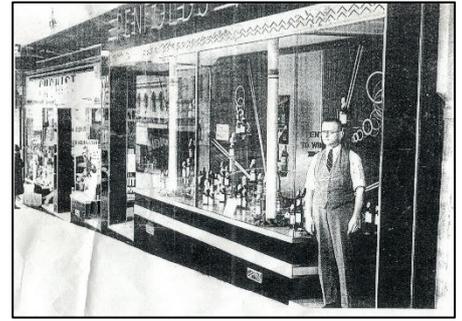
Two of Allan Leed's great-uncles, Will Paynter and Ray Leed, were killed in World War I and Ray Leed was one of the 10 Mologa men - of the 28 who left to serve - who never returned home.



## A CONTINUING CONVERSATION!

While Tea Rooms served ladies and refined gentlemen, wine shops sold a glass of sherry to hard working men. And I am reliably informed by a fellow member, that *'after a hard day's labouring in the hot sun, a glass of sherry does wonders that tea cannot do!'*

*Wine Shop, Summer Hill - 1938*



### THE SHERRY COBBLER – A Crazy Gold Rush Cocktail

In the mid-19<sup>th</sup> century, Melbourne was not only a gold-rush Mecca, it was also one of the great cocktail centres of the world.

While we (sadly) associate sherry with aged aunts today, it was rightfully venerated as one of the finest spirits available and its quality made the Sherry Cobbler a tipping phenomenon.

Originating in America in 1830s, the Sherry Cobbler became incredibly popular in Melbourne between 1851 and through to the end of the 1860's.

However, the Sherry Cobbler is poured over crushed ice and there was no ice in Melbourne. Melbourne's first ice plant didn't open until 1860 so ice was imported from America. Specifically, huge ice cubes were cut from the frozen lakes in Massachusetts, packed in sawdust and shipped to Melbourne.

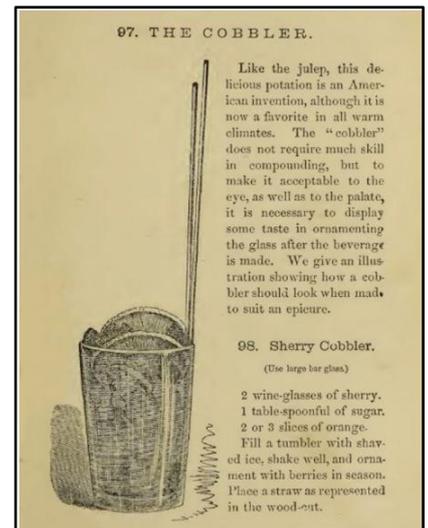
Such was the Sherry Cobbler's fame that in 1855 you could easily order one in Sydney, Australia. George Street's **Café Francaise** (better known as simply 'the Café') was famed for theirs.

An article in *Bell's Life in Sydney and Sporting Reviewer* from Saturday 17 November, 1855 entitled 'Thirsty Times' explains that due to the unseasonably hot weather:

*...Large quantities of ale, porter, lemonade, ginger beer, &c., &c., were disposed of; whilst among the more fastidious, sherry cobblers, mint juleps, ice creams, fruit ices, Catherina Hayes's, &c., &c, were in great request. The hotels and other similar establishments had an unusually large number of visitors, particularly the Cafe in George Street, which enjoys quite a reputation for the compounding of summer drinks.*

The drinking straw was a new intention at the time the Cobbler emerged. It became necessary because drinking directly through the crushed ice was an unpleasant lip-freezing experience. The invention of the straw made such generously iced cocktails drinkable and enjoyable – *'the straw is a pretty useful article – when one end is bathed in a Sherry Cobbler'*. Straws used in early Cobblers were just that, 'straw', usually rye, or even hollow pasta (macaroni or vermicelli), the paper straw wasn't patented until 1888.

Some 150 years after the Sherry Cobbler's decades-long heyday, it's being rediscovered, and whatever you do, don't forget the straw!



# **A LITTLE TIPPLE TRIVIA**

Test your knowledge on Australia's diverse, pioneering and ever-changing wine industry – **solution in next week's Bulletin**

1. The Barossa Valley is famous for producing world class wine from which grape? \*

- Sauvignon Blanc
- Merlot
- Sangiovese
- Shiraz

2. What does GSM stand for on a label of wine, popular in Australia? \*

- Grenache Syrah Merlot
- Grenache Shiraz Mourvedre
- Great Shiraz from Murrumbidgee
- Greatwhite Shark's Merlot

3. Which white varietal wine is Eden Valley best known for? \*

- Cabernet Franc
- Riesling
- Sauvignon Blanc
- Chardonnay

4. "Brioche, butter, burnt toast, low in alcohol, definitely some bottle age" - what wine does this tasting correspond to? \*

- Langhorne Creek Chenin Blanc
- McLaren Vale Chardonnay
- Hunter Valley Semillon
- Clare Valley Riesling

5. Terra Rossa is what? \*

- A red mountain range north of Victoria which produces cool climate whites
- A famous strip of soil in Coonawarra, which produces fantastic Cabernet Sauvignon
- The name of the wind that blows through Barossa Valley, drawn up by ocean currents
- The name of Sydney's Australian rules football team

6. Which of these Australian wine regions is most suitable for producing high quality sparkling wine? \*

- McLaren Vale
- Tasmania
- Hunter Valley
- Riverina

7. Which region is celebrating its 50th anniversary in 2017? \*

- Barossa Valley
- Margaret River
- Hunter Valley
- Clare Valley

8. You are visiting Melbourne and drive an hour east to visit this historic wine making region set up around an old cattle station. Where are you? \*

- Clare Valley
- Coonawarra
- Yarra Valley
- Geelong

9. Where is this Rubik's Cube-style, wine visitor centre being built? \*

- Penfold's
- Henschke
- d'Arenberg
- Leeuwin Estate



10. Which region has Marsanne been grown in for over 100 years in Australia? \*

- Denmark
- Mornington Peninsula
- Goulburn Valley
- Wrattenbully

