



'Tugg Talks' Weekly Bulletin Friday 1 Sept 2023



DATES FOR YOUR DIARY!

BLOOMIN' BOWRAL



Wed - 20 Sept

To celebrate the arrival of Spring, we are visiting the charming Southern Highlands town of Bowral. Each year the Highlands hold a *Tulip Time Festival* with the focus being the spectacular display of 80,000 mass planted tulips in Corbett Gardens, Bowral.

The day will be a very relaxed one, leaving at 8.30 am from Burns Club carpark in Kett Street, Kambah, travelling with Andrew from Horizon Coaches.

Stopping at Goulburn for coffee and 'comfort', our aim is to arrive at Corbett Gardens by 11.30 am. This will allow time to wander around the garden at your leisure before a light lunch courtesy of the local Country Women's Association. They are running a café in the gardens as their major fundraising for the year and we will be enjoying what they have to offer. The fare will be simple and delicious! You are then free to browse Bowral boutique shops and the homemade delights available in the garden before we head for home.

Cost for the day is **\$75.00** (bus, lunch, garden admission) and is limited this time to 30 people due to garden ticketing.

*Booking with payment
by Friday 15 September*

HUMBLE JUMBLE

Sat - 14 Oct - 10.00 am-2.00 pm

Downsizing, spring cleaning, and a COVID cleanout, has left many members with items that they do not know what to do with.

The Club holding a 'Humble Jumble' Sale for members on **Saturday 14 October, 9.00 am - 12.00 pm.**

For the modest sum of \$20 we will provide you with a table in the hall and you can turn your unwanted items into some spending money. You will need of course, to man your spot, have your own cash float and whatever you do not sell will go home with you!

We will do all the publicity via posters and social media. This is not intended to be a money-making exercise for the Club but is a way to give members an opportunity to get together for a common cause!

We are organizing a Coffee Cart for sustenance which should bring in the crowds!

Please register with the Club office if you would like to have a stall and find a home for your unwanted goods!



CLUB CLIPBOARD!



ACRYLIC ART WORKSHOP No. 15

with Maria Polmeer
Saturday 9 September
10.00 am - 1.30 pm
Cost \$55.00

For Beginners & Continuing Beginners

THE LIGHTHOUSE

LIMITED TO 12 MEMBERS
REGISTRATION and PAYMENT
by 4 SEPTEMBER

GARDEN GOSSIP



Tuesday – 5 Sept – 10.00 am

‘Tomatoes: - Tips & Tricks’

Garden Gossip talks tomatoes this month and members are invited to come along armed with your list of favourite tomatoes, and their cunning skills to raise them successfully in Canberra (tip one - don't plant them out until after Melbourne Cup!).

In addition, as follow up to August's information about the Southern Tablelands Eco Park, we will also start planning for our visit to the park itself at the National Arboretum on Friday 22 September.

Mandy Cox



TIMETABLE

Sunday 3 Sept – Sunday 10 Sept

*GC Gumnut Cottage *TSC Tugg Seniors Centre

Day / Date	Time	Activity
Sun 3 Sept	9.20 am	Discover Canberra WG
Mon 4 Sept	9.30 am	Bolivia - GC
	9.30 am	Crafty Corner - GC
	9.30 am	Zumba - TSC
	10.30 am	Mov 4 Mem - TSC
	1.30 pm	Table Tennis - TSC
	2.00 pm	Improvers Bridge - GC
Tues 5 Sept	8.00 am	Active Ex – Men - TSC
	9.10 am	Active Ex – W – TSC
	10.00 am	Garden Gossip - TSC
	10.00 am	LL Cycling Group
	10.00 am	Pool – Beginners - GC
	10.00 am	Bridge – Beginners - GC
	10.30 am	Heart & Soul - TSC
	1.00 pm	Mah-jong – GC
Wed 6 Sept	8.15 am	Intro to Bird Watching
	9.30 am	Cribbage – GC
	9.30 am	‘Take 55’ Movie Group
	10.00 am	Carpet Bowls – TSC
	10.00 am	10 Pin Bowling
	12.15 pm	Line Dancing-AB-TSC
	1.00 pm	K-nit ‘n’ K-natter – GC
	1.30 pm	Line Dancing-Beg -TSC
	2.45 pm	Line Dancing-Imp – TSC
Thurs 7 Sept	9.30 am	500 Cards- GC
	10.00 am	Family History - TSC
	1.00 pm	Mah-jong – GC
	2.00 pm	Book Club - TSC
	3.30 pm	Social Bridge – GC
	3.45 pm	Yoga - TSC
Fri 8 Sept	9.15 am	Tai Chi – TSC
	9.30 am	Pitch n Putt
	10.00 am	Cycling Group
	10.30 am	Seated Yoga - TSC
	11.45 am	Sit n Be Fit – TSC
	12.00 pm	Learning Circle – TSC
	2.00 pm	Carpet Bowls - TSC
	3.00 pm	Uke 55 - GC
Sun 10 Sept	2.00 pm	Social Bingo - TSC



Give a man a fish, he eats for a day.

Teach a man to garden, and the whole neighbourhood
gets tomatoes.



CLUB CLIPBOARD!



INTRO TO BIRDWATCHING

Wed – 6 Sept – 8.15 am

This month we are going to Rendezvous Creek in Namadgi National Park. There is an abundance of native birds in the area; the trail is nice and varied following the creek, passing lots of interesting rocks and the beautiful creek.

We will meet for carpooling at the **Sea Scout carpark on Mortimer Lewis Drive at 8.15am**. Please let Lia know if you will be coming along
(liabattisson@outlook.com)



FAMILY HISTORY GROUP

Topic for this month –

‘Rechabites, Oddfellows, Benevolent ladies...’

Thurs – 7 Sept – 10.00 am

This month, we have a guest speaker, Helen Monro. Her talk is titled 'Rechabites, Oddfellows and benevolent ladies - who's hiding in your family tree?' Helen will talk about voluntary associations your relatives might have belonged to in the nineteenth century, especially friendly societies, mechanics' institutes, ladies' benevolent societies and teetotalers' societies. She'll talk about what these societies did, their place and influence in Australian county towns and who belonged to them as well as where you might look for information about former members.

All are welcome including members who may not be regular attendees. We break for morning tea at 11.00 and meet in the Hall at the Centre.

Liz Dean



‘TAKE 55’



MOVIE/COFFEE GROUP

Wed – 6 Sept – 9.30 am

A group of 10 people came for coffee/lunch and good conversation on Wednesday.

We decided that we will go to Limelight on Wednesday 6 September to see *The Equalizer 3* at 10.15am, meeting at Cherry Bean for coffee at 9.30 am. Everyone is welcome to come and spend a pleasant morning with us.

Pam Hall



Ex-assassin Robert McCall (Denzel Washington) retires to Italy. But when local mobsters start targeting his friends, he decides to intervene. A solid conclusion to the trilogy and a fitting end to

Robert McCall's character arc — with Washington still entertaining as a deliverer of slick justice among stunning backdrops and scenery.



SOCIAL SUNDAY BINGO

Sunday – 10 Sept – 2.00 pm

Due to Father's Day, social bingo is on Sunday 10 September. John and Phil are your hosts again for the afternoon with the bingo numbers projected on the big screen.

Social by name and nature, there are lots of groans when just missing out on that elusive last number! The prizes are modest, but the entertainment is priceless!

Bingo pens and pads are provided and there is always a delicious afternoon tea on offer - so why not come along and join the frivolity!

CLUB CLIPBOARD!

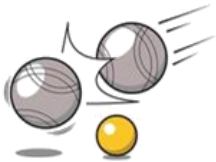
LINE DANCERS LUNCH!

There will be lunch for the line dancers at Tuggeranong Southern Cross Club at 12.30 pm on Friday 8 September.

Anyone who would like to attend please let Shirley know by email shirl@netspace.net.au.



Did you know?
Line Dancing was
started by women
waiting to use the
bathroom!



'TUGG CHUKKERS' PETANQUE GROUP

Tugg Chukkers met again on Thursday 24 August to have a lovely morning of pétanque. The weather became fine, and a good session was had by all, punctuated with a cake break - life is tough! All pictures of this event have been taken by Mary Argall.

The next Tugg Chukkers will be held on second Thursday of September which falls on the 14th. All are welcome and spare equipment is on hand for those without. Basic rules are simple, and players are always on hand to help new players.

Andrew / Tugg Chukkers coordinator



Photos courtesy of
Mary Argall

TALKING TRIVIA!

In a recent Bulletin, one of the trivia questions was:

Which 1940's film star invented the precursor of Wi-Fi technology?

The answer was Hedy Lamarr and here is her story.



HEDY LAMARR - ACTRESS & MOTHER OF WI-FI

On 11 August 1942, actress Hedy Lamarr and musician George Antheil received a patent for a frequency-hopping system to prevent interception and jamming of radio communications.

Lamarr's path to inventing the cornerstone of Wi-Fi began when she heard about the Navy's difficulties with radio-controlled torpedoes. She recruited Antheil, a composer she met through MGM Studios, to create what was known as a Secret Communication System.

The idea behind the invention was to create a system that constantly changed frequencies, making it difficult for the Axis powers to decode radio messages. The invention would help the Navy make their torpedo systems become stealthier and make it less likely for the torpedoes to be rendered useless by enemies.

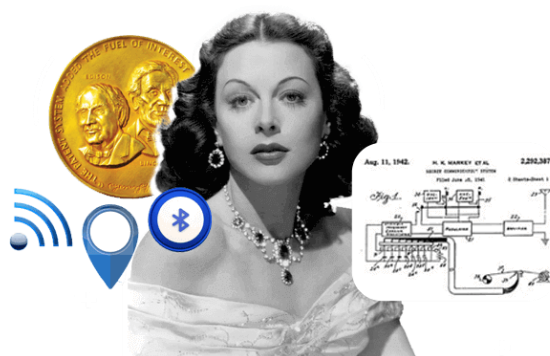
Lamarr was the brains behind the invention, with her background knowledge in ammunition, and Antheil was the artist that brought it to life, using the piano for inspiration.

In 1942, under her then-married name, Hedy Kiesler Markey, she filed for a patent for the Secret Communication System, patent case file 2,292,387, and proposed it to the Navy.

The Navy refused to accept the new technology during WWII. Not only did the invention come from a civilian, but it was complex and ahead of its time.

As the invention sat unused, Lamarr continued on in Hollywood and found other ways to help with the war effort, such as working with the USO. It wasn't until Lamarr's Hollywood career ended that her invention started gaining notice.

Around the time Lamarr filmed her last scene with the 1958 film *The Female Animal*, her patented invention caught the attention of other technological innovators. The Secret Communication System saw use in the 1950s during the development of CDMA network technology in the private sector, while the Navy officially adopted the technology in the 1960s around the time of the Cuban Missile Crisis. The methods described in the patent assisted greatly in developing Bluetooth and Wi-Fi.



TALKING TEASERS!

A LITTLE MORE TRIVIA.....

Last Sunday our brain cells were stretched a little with the variety of Interesting questions from August's Trivia Hosts, Rob & Phil.

Here is a small sample:

1. What is Barbie's full Name? Bonus for her age this year.
2. In which country was Trivial pursuit invented?
3. Which play of Shakespeare's is the longest?
4. In the Disney movie Finding Nemo, what type of fish is Nemo?
5. Which Chocolate bar is named after the Mars' family horse?
6. Abyssinia was the former name of what African country?
7. What is the Bushman's alarm clock?
8. Which city was the first to reach 1 million?



Answers Below

Jukebox Shakespeare



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If music
be the food
of love...

JULIUS CAESAR

"Back Stabbers"
(The O'Jays)

**A MIDSUMMER NIGHT'S
DREAM**

"Love Potion No. 9"
(The Clovers)

THE TEMPEST

"Magic Man"
(Heart)

KING LEAR

"Old Man"
(Neil Young)

OTHELLO

"Suspicious Minds"
(Elvis Presley)

ROMEO AND JULIET

"Love is a Losing Game"
(Amy Winehouse)

THE MERCHANT OF VENICE

"Money"
(Pink Floyd)

HAMLET

"The End"
(The Doors)

ANTONY AND CLEOPATRA

"Bad Romance"
(Lady Gaga)

MACBETH

"Paranoid"
(Black Sabbath)

RICHARD III

"Psycho Killer"
(Talking Heads)

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1. Barbara Willicent Roberts, 64 years old
2. Canada
3. Hamlet
4. Clownfish
5. Snickers (introduced in 1930)
6. Ethiopia
7. Laughing kookaburra
8. Rome

TRIVIA ANSWERS

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