



Weekly Bulletin Friday 16 September 2022

**THE CLUB WILL BE CLOSED FOR ALL ACTIVITIES
ON THURSDAY 22 SEPTEMBER –
THE NATIONAL DAY OF MOURNING
FOR QUEEN ELIZABETH II**

TIMETABLE

Monday 19 Sept – Sunday 25 Sept

*GC Gumnut Cottage *TSC Tugg Seniors Centre

Day / Date	Time	Activity
Sat 17 Sept	1.30 pm	Games Afternoon - TSC
Mon 19 Sept	9.30 am	Bolivia - GC
	9.30 am	Zumba - TSC
	9.30 am	Crafty Corner - GC
	10.30 am	M 4 M - TSC
	1.30 pm	Table Tennis - TSC
	2.00 pm	Improvers Bridge - GC
	4.30 pm	Yoga - TSC
Tues 20 Sept	8.00 am	Active Ex – Men - TSC
	9.10 am	Active Ex – W – TSC
	10.00 am	Pool - Beginners - GC
	10.00 am	LL Cycling Group
	1.00 pm	Mah-jong – GC
	1.15 pm	Seated Yoga - TSC
Wed 21 Sept	9.30 am	Cribbage – GC
	9.45 am	'Take 55' Movie Group
	10.00 am	Carpet Bowls – TSC
	12.15 pm	Line Dancing-AB-TSC
	1.00 pm	K-nit 'n' K-natter – GC
	1.30 pm	Line Dancing-Beg -TSC
	2.45 pm	Line Dancing-Imp – TSC
Thurs 22 Sept		PUBLIC HOLIDAY
Fri 23 Sept	9.15 am	Tai Chi – TSC
	10.00 am	Cycling Group
	11.45 am	Sit n Be Fit – TSC
	12.00 pm	Learning Circle – TSC
	2.00 pm	Carpet Bowls – TSC
Sun 25 Sept	2.00 pm	Sunday Trivia Quiz

Wednesday – 21 Sept – 10.00 am
'TAKE 55' Movie/Coffee Group



We enjoyed a lovely coffee meetup at Vikings Club Tuggeranong on Wednesday morning.

Next Wednesday 21 Sept, we will go to Limelight Cinema to see "Ticket to Paradise" at 10.45 am, meeting at Cherry Bean at 9.45 am.

Why not join us next week for a get together followed by the movie!



In the 2022 romantic comedy ***Ticket to Paradise***, Georgia (Julia Roberts) and David (George Clooney) begrudgingly travel halfway across the world together to stop their beloved daughter Lily who is hopelessly in love with Gede, a young seaweed farmer she just met in Bali, from making the same mistake they think they did when they got married 25 years prior. A film about taking care of those you love, learning to forgive yourself, and embracing the completely terrifying notion of letting yourself be happy for a minute, even if there's no guarantee of how long it'll last!

CLUB CLIPBOARD!



TRIVIA QUIZ SUNDAY – ONE WEEK TO GO! 2.00 PM 25 SEPTEMBER



I've just finished reading a fascinating book called "The Quiz Masters". It was written by Brydon Coverdale who is the "Shark" on Chase Australia. Brydon is a quiz/trivia obsessive and has appeared as a contestant on just about every quiz show you can think of including Sale of the Century and Who Wants to be a Millionaire plus many others long forgotten.

Brydon tells us about his experiences appearing on these shows, how he prepared, what goes on behind the scenes and tells the stories of many of the characters who came away with the big money. There are also stories about the various pub quizzes and the people who run them. Brydon cut his teeth in the early days by taking part in late night radio quiz competitions. Do you remember Tony Delroy's The Challenge on ABC National radio? Maybe not as it took place in the early morning hours. The book was a great read and I can recommend it whether or not you are a quiz fan.

I especially liked Brydon's philosophy on trivia and I quote from his book: "Dictionaries tell us that trivia, by definition, has little value or importance. Dictionaries are wrong. Trivia can bring together families over a board game. It can unite communities at a fund-raising quiz night. It keeps friends in touch over a pub trivia evening, and in a locked-down world in 2020 and 2021 it maintained vital social connections through quiz events on Zoom. It has turned the loneliest hour, midnight to 1 am, into a lively hub on national radio. Trivia can provide an outlet for people who struggle to find their place in life, and gives them something of which they can be proud. And if that's not enough value, it can also lead to cold, hard cash".

We won't have any cold hard cash for our trivia quiz give aways but we do have some Coles gift cards, afternoon tea to enjoy and chocolates for everyone. And most importantly, our overall team winners will get bragging rights for the following few weeks. So, why not form a team with your friends or family or just come along and join a team with your fellow club members. The parking's free in the public car park on a Sunday so there's no hassles about parking.

If you haven't already taken a look at our Spring art and photography exhibition, it will also be a good opportunity to view our display.

I hope you can join us at 2.00 pm on Sunday 25 September for a friendly and fun afternoon's activity.

Norm Swanwick

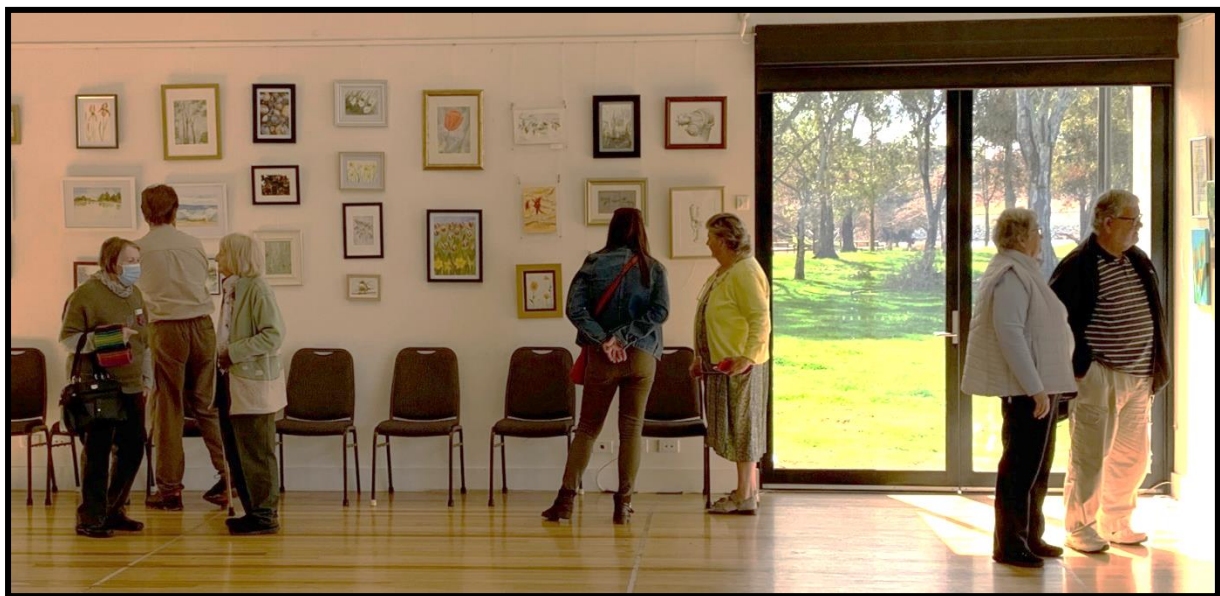


SPRING SPECTACULAR EXPO DISPLAY

'OPEN AFTERNOON'

There was a steady stream of members, family and friends who casually dropped in last Saturday during the 'Open Afternoon'. The weather was picture perfect and as you can see by the picture below, gave the exhibition some competition! The spring feel was enhanced by vases of sprigs of wattle and 'fluffy' daffodils and the Waterview Lounge was a perfect place for coffee, tea and a slice of Jill's delicious cake or Margaret's yummy biscuits.

The Knit n Knatter group were pleasantly surprised by how popular their stall was and the interest in their 'Fish n Chip' baby outfits. Many members also took the opportunity to view and try out the new Pool Table, possibly recalling a little of their misspent youth?



The Social committee were delighted by the many items from members and the walls of the Parkview Hall are covered with little artistic gems. From the bright and bold acrylic art, the subtle hues of the watercolours and the skilful pencil drawings of everyday items, there is much to enjoy!

The photos submitted were also beyond expectation - clear crisp colours and variety of image. The added bonus for the exhibition, was the addition of some Eco prints from the recent workshop – amazing what can be achieved with a can, paper and steam!

A big thank you to all who submitted works – the Bunnings Vouchers went to Monica Carey who won the draw for the photos and Mike Lester for the art. Also a big thank you to Catherine Alexander and husband Jim, Social committee members, Mandy and Norm ably helped by Cathy, Paul, Rob, Marian, Kris and Elaine, did a masterful job hanging the submissions – not an easy task!

The works will be up until the end of October, so please factor in a little time when you next visit the Club, definitely worth a look!



DATES FOR YOUR DIARY - OCTOBER!



SHUTTERBUGS CAMERA GROUP PRESENTS

SATURDAY MORNING PHOTOGRAPHY IN OCTOBER

The Shutterbugs Camera Group will be holding three Saturday morning photography sessions during the month of October.

Shutterbugs member Steve Walmsley will present the sessions. Steve is a keen and knowledgeable photographer who has previously conducted sessions for both the Shutterbugs and the family history group. The sessions will be held on Saturdays:

1 October - Using Your Smart Phone

**15 October - Digital Camera
Photography**

25 October - The Digital Darkroom

Each session will start at 10.00 am and should go for around one to two hours. There will be plenty of time for both general discussion and questions and morning tea will be available.

The cost for each session is \$5.00 and you can come to all the sessions or just the one that may interest you the most. All Club members are welcome to attend.

Please book, with payment, at the office at least a few days prior to each session so we know how many members will be attending.

Norm Swanwick



A DAY IN THE COUNTRY THURSDAY 20 OCTOBER

Our next trip will be a combined one again with Probus of Tuggeranong and this time we are going over the boarder to the historical town of Yass.

Departing from Vikings Tuggeranong at 9.00 am, we will have morning tea in Yass at the delightful Tootsie Gallery Cafe, a choice of tea or coffee with either a homemade scone, jam and cream or a brownie. This eclectic gallery is perfect for a stroll around while your coffee is being made.

After morning tea, a representative from the Historical Society of Yass will join us for a coach tour of the interesting sights of Yass. Settled in the early 1820's, Yass was an important service centre and is steeped in history.

We will continue to Bowring for some country cuisine at the Bowring Hotel. Lunch will be alternative services of Lamb Roast with Baked Vegetables and brown gravy and Roast Pork with accompanying vegetables, followed by Sticky Date Pudding with ice-cream and Fruit Pavlova Roulade. Tea or coffee will be available. Not too long a day, we aim to be back at the Vikings Club by 3.30pm.

All-inclusive cost is \$70.00 with booking / payment by Thursday 13 October. As we are sharing this trip, please be aware that spaces are limited so be quick!



CALLING ALL 'HISTORICAL DETECTIVES'!



UNCOVERING THE MYSTERY OF SOME POSTCARDS, A BLACKSMITH, AND THE BOWNING PUB

It was sitting on the counter at the Belconnen Vinnies – an old photograph album, so beautiful, thought Gabrielle Affleck, that it should be in a museum. She bought it for \$50, took it home, and started to leaf through its pages.

It was to be the start of a magical mystery tour that Gabrielle now hopes will have a happy ending when the treasure is reunited with descendants of its original owner, whoever they might be. She has uncovered an album of approx. 80 postcards, seemingly the life, times, and work of one Alf Saunders (or Sanders), believed to be a blacksmith.

Through the postcards, writing and other details, he can be connected to the British Army, Clovelly (NSW) and North Devon in the United Kingdom with postmarks on the cards ranging from 1908 to 1911.

After looking through the album, and all the history it contains, Gabrielle felt it was important to try to return it to his family and is keen to find out if any ancestors of Alf Saunders/Sanders, circa 1910, are still around today.



She has started to check the Yass connection, as the only Australian postage stamp and postmark uncovered is Yass. The postcard is addressed to Mr A Sanders at the Bowning Hotel, but the date is obscured. She knows he wasn't the publican, as there's no evidence of that, but thinks he might have been a guest.

Interestingly, the postcard came from someone called Jamie in Yass. Some of the later postcards refer to his wife, Jamie, so perhaps this is where they met, but those other cards were sent to him at an address in the UK. There's another Jamie connection in later correspondence with his sisters, who ask about her.

People used postcards to communicate all the time which is why Gabrielle feels this album is so important; rarely is real life recorded so objectively like it is through this sort of correspondence.

If you can help shed some light on Alf Saunders/Sanders, his family, time in Yass, anything that can help Gabrielle return the album to its rightful owners, email shopman@region.com.au and they will pass on the information to her.

Original Article published by Sally Hopman on [Riotact](#).

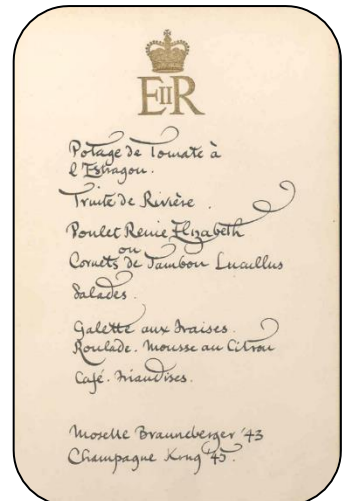
TALKING TRADITION – CORONATION CHICKEN!

THE ORIGINAL CORONATION CHICKEN

A British Royal Dish

The original Coronation chicken was invented by writer Constance Spry and the founder of the famous Le Cordon Bleu cookery school Rosemary Hume, while preparing the food for the banquet of the coronation of Queen Elizabeth II in 1953. 'Poulet Reine Elizabeth', is believed to have been inspired by the 'Jubilee Chicken' created for George V's Silver Jubilee in 1935.

The original dish is basically cooked chicken meat with a simple curried mayonnaise dressing, and uses curry powder, because fresh curry spices were almost impossible to find in post-war Britain.



CURRIES: DISHES FLAVOURED WITH CURRY 1013

Cream of curry sauce

1 tablespoon oil
2 oz. onion, finely chopped
1 dessertspoon curry-powder
1 good teaspoon tomato purée
1 wineglass red wine
 $\frac{1}{4}$ wineglass water
a bay-leaf
salt, sugar, a touch of pepper

a slice or two of lemon and
a squeeze of lemon juice,
possibly more
1-2 tablespoons apricot purée
 $\frac{1}{4}$ pint mayonnaise
2-3 tablespoons lightly whipped
cream
a little extra whipped cream

Heat the oil, add onion, cook gently 3-4 minutes, add curry-powder. Cook again 1-2 minutes. Add purée, wine, water, and bay-leaf. Bring to boil, add salt, sugar to taste, pepper, and the lemon and lemon juice. Simmer with the pan uncovered 5-10 minutes. Strain and cool. Add by degrees to the mayonnaise with the apricot purée to taste. Adjust seasoning, adding a little more lemon juice if necessary. Finish with the whipped cream. Take a small amount of sauce (enough to coat the chicken) and mix with a little extra cream and seasoning.

This is an admirable sauce to serve with iced lobster.

The original coronation chicken sauce recipe was reproduced in The Constance Spry Cookery Book in 1956

Serve the coronation chicken with a salad, rice or as a filling for jacket potatoes and sandwiches.

Note: For a lighter version, substitute the whipped cream for crème fraîche or Greek yogurt.





TALKING 'TRADITIONAL' TRIVIA!

Queen Elizabeth II Quiz



1. The Queen was born in a private house, in which London street?
2. The Queen is fluent in which foreign language?
3. How old was the Queen when she was crowned?
4. The Queen has held regular meetings with over a dozen British prime ministers, but who was her first PM?
5. In which year was the Queen born? Can you give us the exact birthdate?
6. It's been long rumored that the queen hates which food and has banned palace chefs from cooking with it?
7. When the Queen was born, was she first, second, third, or fourth in line to the throne?
8. What was the name of the hotel in the Aberdare National Park in Kenya where Princess Elizabeth was staying when she learned of her father's death in 1952?
9. The queen has met every American president since Harry Truman, with the exception of which president?
10. Who designed the Queen's wedding dress?
11. Where did the Queen's coronation take place? And in which year?
12. When she turned 18, Princess Elizabeth joined the Auxiliary Territorial Service (ATS) to train in which job?
13. In 1992, a fire wrecked part of which of the Queen's homes?
14. When the Queen was 18, who was Susan?
15. In March, 2002, the Queen Mother died - how old was she?
16. Where is Queen Elizabeth II often referred to as "Brenda", and the Prince of Wales as "Brian"?
17. What did Queen Elizabeth famously call the year 1992?
18. The day before Good Friday the British monarch distributes small silver coins Known as what?
19. What two word term means when the Queen formally agrees to make a bill into an Act of Parliament?
20. Only four other monarchs in British history have reigned for 50 years or more, can you name them?

TALKING TEASER!

SPRING CROSSWORD SOLUTION



1	M	2	A	3	R	4	C	5	H		6	S	7	C	8	A	9	B		10	A	11	B	12	S
13	O	P	E	R	A	14	S			15	E	R	I	E						16	U	R	N		
17	D	E	V	O	I	R				18	T	E	R	M						19	T	E	A		
				20	C	R	I	21	B		22	W	E	A	23	T	H	E	R						
		24	T	25	H	U	S		26	O	27	W	E	D		28	O	O	Z	E					
29	O	R	E	S			30	A	W	O	L			31	W	I	R	E	D						
32	F	I	R			33	B	L	I	N		34	M	I	L										
35	F	O	R	36	S	A	K	E			37	S	E	N	S	38	U	39	A	40	L				
				41	T	R	Y			42	F	O	L	D		43	C	N	S						
44	A	45	C	46	M	E	S		47	B	O	L	T		48	S	L	E	D						
49	S	H	O	E			50	Y	O	G	I			51	T	H	A	W							
52	S	I	R	L	53	O	I	N		54	D	55	A	R	E										
56	A	L	A		57	B	E	D	58	S			59	S	A	I	60	L	61	E	62	D			
63	I	L	L		64	O	L	E	O			65	L	I	K	E	L	Y							
66	L	Y	E		67	E	D	D	Y				68	T	H	E	M	E							

