



'Tugg Talks' Weekly Bulletin Friday 15 Sept 2023



NOTICE OF ANNUAL GENERAL MEETING

9 OCTOBER 2023

In accordance with Clause 34 of the Constitution of the Tuggeranong 55 Plus Club Inc., the **Annual General Meeting** will be held on **Monday 9 October 2023** at the **Tuggeranong Seniors Centre, 101 Cowlshaw Street, Greenway** commencing at **1.00 pm**.

Minutes of the 2022 AGM will be available prior to the meeting on the [Club website](#). If you do not wish to attend but would like to appoint a member to vote on your behalf at the meeting, a Proxy form is available with the [AGM documents](#).

Election of Office-Bearers and Committee

In accordance with Clause 14 of the Constitution, all twelve (12) positions on the Management Committee will fall vacant at the AGM. You are invited to submit nominations for positions and accordingly, a Nomination Forms are available from the [Club Website](#) or the Club Office.

Please note that nominations for election of office-bearers or ordinary committee members must be received by the Secretary no later than 7 days prior to the AGM. Nomination Forms should therefore be received, in sealed envelopes, at the Club by 5.00 pm on Monday 2 October 2023.

Rhonda Jolly - Secretary



SCHOOL HOLIDAY DATES

Zumba & Movement 4 Memory

Finishes

Mon 18 Sept

Returns

Mon 9 Oct

Heart & Soul Singers

Finishes

Tues 19 Sept

Returns

Tues 10 Oct

10 Pin Bowling

Finishes

Wed 20 Sept

Returns

Wed 11 Oct

Yoga

Finishes

Thurs 21 Sept

Returns

Thurs 12 Oct

Seated

Yoga

Finishes

Tues 22 Sept

Returns

Fri 13 Oct

CLUB CLIPBOARD!

TIMETABLE

Monday 25 Sept – Friday 22 Sept

*GC Gumnut Cottage *TSC Tugg Seniors Centre

Day / Date	Time	Activity
Mon 25 Sept	9.30 am	Bolivia - GC
	9.30 am	Crafty Corner - GC
	1.30 pm	Table Tennis - TSC
Tues 26 Sept	2.00 pm	Improvers Bridge - GC
	8.00 am	Active Ex – Men - TSC
	9.10 am	Active Ex – W – TSC
	10.00 am	LL Cycling Group
	10.00 am	Pool – Beginners - GC
	10.00 am	Bridge – Beginners - GC
Wed 27 Sept	1.00 pm	Mah-jong – GC
	9.30 am	Cribbage – GC
	10.00 am	'Take 55' Movie Group
	10.00 am	Graphite DG - TSC
	10.00 am	Carpet Bowls – TSC
	12.15 pm	Line Dancing-AB-TSC
	1.00 pm	K-nit 'n' K-natter – GC
	1.30 pm	Line Dancing-Beg -TSC
	2.45 pm	Line Dancing-Imp – TSC
	Thurs 28 Sept	9.30 am
10.00 am		Tugg Chukkers
1.00 pm		Mah-jong – GC
1.15 pm		Lawn Bowls
3.30 pm		Social Bridge – GC
Fri 29 Sept	9.15 am	Tai Chi – TSC
	9.30 am	Pitch n Putt
	10.00 am	Cycling Group
	11.45 am	Sit n Be Fit – TSC
	12.00 pm	Learning Circle – TSC
	2.00 pm	Carpet Bowls - TSC

'TAKE 55'



MOVIE/COFFEE GROUP

Wed – 27 Sept – 10.00 am

We had a small group for coffee on Wednesday, but the usual great conversation and some laughs.

As we are now coming up to school holidays, we will meet at Vikings Club for coffee/ lunch on Wednesday 27 September.

Come and join us for a nice morning out.

Pam Hall

CARPET BOWLS



Wednesday - 10.00 am &

Fridays - 2.00 pm

This activity is a social one and provides a fun time for players, with lots of laughter. The game needs limited skill and does not take long to learn to play; coaching is provided.

The group always welcome new players and as they enjoy a break for morning and afternoon tea, it is a good time to meet new people.

You do need to come about ten minutes before the starting time as this gives time to sort out the teams. Why not come along and give it a go! *John Dahl* – Coordinator



SOCIAL SUNDAY BINGO

As 1st Sunday of October
is during the Labour Day long weekend,
Bingo will be held on

Sunday – 8 Oct - 2.00 pm

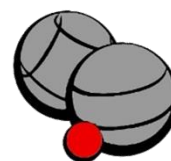
(day before AGM!)

CLUB CLIPBOARD!

'TUGG CHUKKERS' PETANQUE GROUP

Thursday 28 September – 10.00 am

(2nd and 4th Thursdays)



The latest Tugg Chukkers was held on Thursday 14 September in balmy conditions underneath blue skies on the piste near the Club, beside picturesque Lake Tuggeranong. Nine Chukkers turned up to enjoy the morning and played - hard!

We played in teams of two - and one of three - with two games being played at once. After morning tea (a gluten free Anzac 'slice') we all swapped around for another game. Much debate about what boule was nearest to the cochonnet ('little pig' or jack) required Garry and the measuring tape. We're playing for sheep stations here! Although John and Robyn, past owners of one of these establishments, informed us that they're not all they're cracked up to be!

Next time - coming up on the 28th of this month - we'll do things a little differently, as per Justin's suggestion, by having elimination rounds before morning tea and playoffs after, numbers (and weather) permitting, with the overall winner enjoying the kudos. At least until next time.

New players are always welcome with equipment and help freely available.

Andrew / Tugg Chukkers coordinator / andrewdrankine@gmail.com



All pictures by Mary Argall

Une Petite Anecdote - As with all sports that originated as a village game, there are peculiar little traditions which are obediently obliged by pétanque players. In cricket, for some baffling reason, spectators will stand on one leg when the score reaches the unlucky number 111, known as a Nelson; in pétanque it is 13-0 that holds significance. If a person loses a game 13-0, without scoring a single point, the punishment is to kiss the bare behind of a woman named Fanny. 'Who is Fanny?' you might ask. Well, as with all folk traditions, the origins are spurious; but some accounts hold that Fanny was the waitress of the café that overlooked the original *boulodrome* in La Ciotat. To console players who lost without scoring a point, she would allow them a kiss on the cheek. On one occasion it was the town Mayor who had lost in this fashion, and in response to a personal quarrel Fanny had with him, she stood on a stool and presented a cheek of the other kind to kiss.

Nowadays, losers who fail to score are required to kiss the local statuette or painting of Fanny. The shame of this procedure can be increased by ringing a bell to alert the whole village to the loser's misfortune; or in some villages with the aid of a ceremonial Fanny prayer bench, requiring the unlucky soul to kneel prostrate before the patron saint of pétanque, before sheepishly planting a kiss.



COMMUNITY BILLBOARD!

Four things not to miss at Floriade

Whether you're looking to embark on a magical adventure, or meet one of Australia's most famed gardeners, Floriade 2023 has something for everyone.

Australia's Biggest Celebration of Spring returns to Commonwealth Park from 16 September – 15 October featuring more than one million blooms designed around this year's theme of Floral Wonderland.

Once again, the festival's program is jam-packed with entertainment, cultural celebrations, food, workshops, and more.

Wondering where to start? Here's four things not to miss:



1 Circus Wonderland: A Neverland Adventure in the Spiegeltent

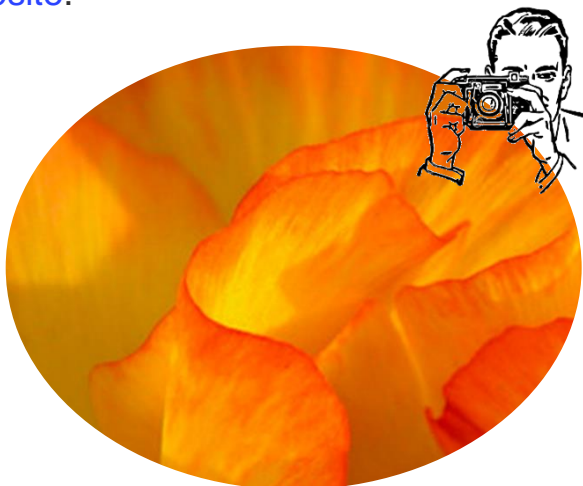
Take a trip to Neverland inside the Wonderland Spiegeltent. Join Peter Pan, Wendy, Tinker Bell and the pirates on an hour-long adventure you won't forget. A Neverland Adventure will be on show daily from 26 September to 8 October. Tickets for each performance can be purchased online. More information is available on the [Floriade website](#).



2 Take a guided tour or attend a workshop

Hosted by the Floriade horticulture team, an [hour-long guided tour](#) of Commonwealth Park is a great way to learn more about the one million signature blooms on display. Tours run each weekday at 10am and each Friday of the festival at 4pm.

Floriade workshops are a great way to learn something new. Be inspired by the colours of the festival and explore your creative side. Meanwhile, in the [Julia Rose Flower Crown workshop](#), you can create a flower crown using a mixture of blooms, greenery, and vines



while the [Floriade Photography workshop](#) will teach you techniques to compose and capture stunning floral images.

COMMUNITY BILLBOARD!

Four things not to miss at Floriade

3 NightFest

For four nights from Thursday 28 September to Sunday 1 October, Floriade's dark side will come to life with stunning illuminations, captivating entertainment, and fantastic food.

Tickets for the four nights are available on the [Floriade website](#). Be sure to add the world class, adults only cabaret show 'Popcorn Underground' to your NightFest ticket.



4 Dogs' Day Out

Floriade opens its gates to humans and their furry friends alike on the final day of the festival. On Sunday 15 October dogs will take over Floriade with a range of dog friendly programs and stalls.

There will be prizes up for grabs at the annual Dogs Day Out Paw-rade from 2.30 pm. There will also be a professional photography booth on site to capture your fur family amongst the flowers.

More information about Dogs Day Out is available on the [Floriade website](#).

If you want to take a slice of Floriade home with you, the **Great Big Bulb Dig** will take place on Monday 16 October. You can buy a bulb dig bag to take part on the day from the Floriade shop or the Canberra and Region Visitor's Centre shop on site during the festival. All proceeds from the sale of the Big Bulb Dig bags go to local charities.



Floriade is a free non-ticketed event with gates opening from 9.30 am – 5.30 pm daily. Final entry at 5.15 pm.

Tickets are required for NightFest and are available for purchase on the [Floriade website](#).

A full list of music, events and programs for this year's Floriade is available at: floriadeaustralia.com

<https://www.act.gov.au/our-canberra/latest-news/2023/september/five-things-not-to-miss-at-floriade>



COMMUNITY BILLBOARD!

SpringFEST

Tuggeranong Uniting Church is partnering with SEE Change to hold a spring celebration! Come along and celebrate the wonderful sense of hope and regeneration that comes with this time of year!

Our SpringFEST Sustainability Fair will introduce you to some exciting new ways to reduce your environmental footprint, plus connect with others in your community!



PRE-LOVED CLOTHING
BROWSE ECO STALLS

MAKE BEESWAX WRAPS

FLORIADE GARDEN DISPLAY

SPRING SCARECROW FESTIVAL

SUSTAINABILITY WORKSHOPS

COMIC BOOK HERO DRAWING WORKSHOP

DELICIOUS FOOD

HANDMADE MARKETS

9:00AM – 2:00PM,

SATURDAY 23 SEPTEMBER

TUGGERANONG

UNITING CHURCH,

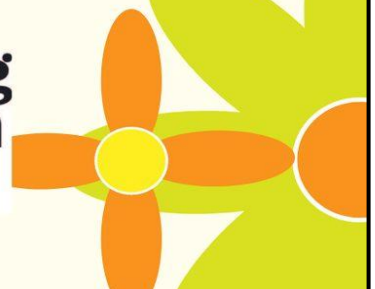
CORNER COMRIE STREET AND

STERNBERG CRESCENT, WANNIASSA.

For more info visit
www.tuc.org.au



uniting
church
Tuggeranong
Congregation



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