



Weekly Bulletin

Friday 22 Oct 2021

CLUB CLIPBOARD

RETURN TO ACTIVITIES REMINDER

Compulsory sign in via CBR facility remains in place and members without a phone are encouraged to obtain a QBR card from Access Canberra. This allows signing in electronically via your Activity Leader as there will no longer be paper government registration.

It is a painless process and information and links are below.

CHECK IN CBR CARD

If you don't own a smartphone or you're unable to download or use the Check In CBR app, you can now apply for a Check In CBR card.

This card contains a unique QR code which can be scanned at all businesses and venues across the ACT that currently accept the Check In CBR app.

Checking in will be faster, easier and with more privacy as there is no need for venue staff to manually enter a customer's details.

Applying for a Check In CBR card is a quick and simple process and can be done on behalf of an individual if they are unable to do so.

[Apply for a Check In CBR card](#)

If you are unable to apply for a Check In CBR card online, please contact the ACT Health Digital Solutions Support team on (02) 5124 5000 for assistance.

If you are unable to check in on public transport, please ensure that you have a registered MyWay card or keep good records of the services you have used.



CLUB CLIPBOARD!



MORNING TEA – CARPET BOWLS

Calling All Bowlers to Morning Tea

in Tuggeranong Park near BBQs

Wednesday 27 October at 10.30 am weather permitting

Limited seating so BYO if needed

Also BYO refreshments

I will provide biscuits only

Carlene Phone 0407 264 926



TAKE 55 RETURNS!

Wednesday – 3 November – 9.15 am



I have really missed our movie group and getting together for coffee, so I would like to suggest we see “Respect” on Wednesday 3 November at 10.00 am at Limelight. Once again, we will meet for coffee at Cherry Bean at 9.15. am

I am looking forward to seeing everyone.

Pam Hall



Respect is a 2021 American biographical musical drama, based on the life of American singer Aretha Franklin. Starring Jennifer Hudson in the main role, the film follows the first two decades of Aretha Franklin's life, from being born as a musical prodigy to the recording of her influential live album Amazing Grace (1971).

DID YOU KNOW?

There was a charity event, held annually each July from 2001 to 2017, called the **Jaffa Race** or ‘running of the balls’.

75,000 Jaffas lollies, courtesy of Cadburys, were let roll down the steepest street in the world – Baldwin Street Dunedin in New Zealand.

Each 2.8 gm Jaffa ball could reach speeds of up to 100 kph down the 19-degree gradient, 350m long street. Each Jaffa was numbered, and sold for \$1 each, with the money raised going to charity.

Jaffas, the red-shelled chocolate lollies, have been popular for decades and are more commonly rolled down a movie theatre aisle not a suburban street!



CLUB CLIPBOARD!

DISCOVER CANBERRA WALKING GROUP FLORIADE – COMMONWEALTH PARK

The Club's walking group recently visited Floriade in Commonwealth Park. Although the event was officially cancelled for the second year, there were plenty of blooms to be seen in the large display gardens. Without the usual commercial traders, the crowds were missing, which made for a more pleasant time walking around the park and enjoying the variety of flowers.

The relative lack of people also meant we were not worried about social distancing. This also meant we did not have to queue for the best vantage point from which to take photos.



Guess who is behind the mask!

If you would like to join the Discover Canberra Walks and discover parts of our great city with which you may not be familiar, contact the Club office after 1 November.

Anne Meade

TALKING TELEVISION!

QUILT OF MEMORIES – LANDLINE'S 'LIFE ON THE LAND'

*When life gives you scraps,
make a quilt!*

So, when Landline celebrated 30 years on ABC TV this year, they decided to mark the occasion by asking their viewers, 'can you spare a square?' to create a commemorative quilt.



The theme was Life on the Land, which could mean animals, vehicles, landscapes — whatever regional and rural life mean to the creator of the squares.

The brief for the squares was wide ranging; favourite fibre, yarn, and thread, and could feature any techniques, i.e., knitting, crochet, patchwork, felting, embroidery, applique, weaving, dyeing, spinning, lacemaking. They could be textured, have embellishments and be a colour pallet of your choosing. And of course, be something that the creator would be happy to hand over permanently.

The response was overwhelming, and Landline received 364 squares in total, covering every aspect of life on the land. The beautiful and diverse range of squares came from all over Australia and many were accompanied by stories and memories of country life.

The wonderful team at the Queensland Spinners Weavers and Fibre Artists put the squares together, using sustainable Queensland cotton for the backing. And because there were too many squares for just one quilt, they made three! The quilts will hang in a triptych when they go on display throughout the country. Hopefully in the 'not too' distant future!



A 'VITAL THREAD'!



MADAME WEIGEL – 'A Vital Thread'

One of the squares in the Landline quilt is a copy of a 'Weigel' pattern. The pioneering woman behind this pattern is virtually unknown but she was a fashion designer who became a vital thread in the social fabric of Australia.

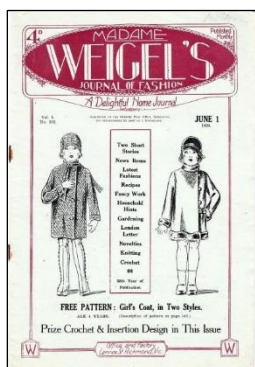
Johanna Wilhelmine Weigel was born in Prussia in 1848 and migrated to the U.S. at 24. There she worked as a designer for New York paper pattern company McCall's and met and married Oscar Weigel. The pair honeymooned in Melbourne in 1877 intending to stay for six months.

After many requests from friends who admired her dress sense Johanna started to cut patterns from her own clothes and give them away. The easy-to-follow instructions for measuring, cutting and sewing made the patterns popular and their increasing success led her and Oscar to start their fashion business in 1877 in premises in Lennox Street, Richmond. They imported all their printing machines and tissue paper and soon established offices in central Melbourne and Sydney and agencies throughout Australia and New Zealand.



Nobody else was manufacturing patterns on a commercial level and Madam Weigel's business venture was an immediate success. She provided patterns for all the family, right across the entire lifecycle from babies to matrons, which was her term for the mature woman who would often become 'stout'. Her designs ranged from underwear and millinery to outdoor clothing, sportswear, nightwear, shoes, and little slippers. In 1915 alone, 1 million Madame Weigel patterns were sold.

The key to her success were the hundreds of shopkeepers throughout rural Australia who acted as her agents. Her reach went into the far extremes of every colony or state; rural and regional Australia was her heartland and her paper pattern series grew to become a vital part of life for many women who sewed at home. She enabled country and isolated women access to contemporary fashion, and to clothe their families for all occasions.



From 1880, Johanna and Oscar produced Madame Weigel's monthly 'Journal of Fashion' which gave advice and encouragement to all Australian and New Zealand women. A cross between a newsletter and a magazine, each issue of the monthly publication included up to eight patterns, and women across the country were avid readers.

Correspondences show that menfolk also read the journals. Through two depressions, two World Wars, fires, floods and outbreaks of horrific diseases, the journal gave its readers mental support and courage to deal

with adversity and to relish the moments of pleasure that came afterwards. The monthly journal gave tips on household management and etiquette, health and grooming. Madame was an advocate of fresh air, exercise and simple foods. For the home, there were publications of items such as cushions, tea cosies, milk jug covers, rugs, children's knitwear, slippers and clothes hangers.

A 'VITAL THREAD'! continued

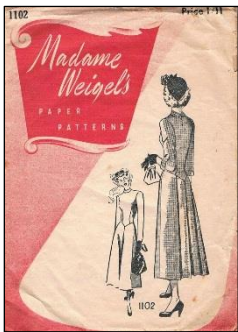
MADAME WEIGEL – 'A Vital Thread' - continued

Madame Weigel shaped what Australians wear. Her astute observations of fashion all over the world were reimagined to meet our unique Australian conditions. Always practical, she observed the Australian women riding side saddle. This she deemed as dangerous and so designed the divided skirt thereby liberating the Australian women. To-day we still wear culottes.

She advocated shorter skirts to avoid the grass prickles, the use of lighter fabrics such as all qualities of cotton and children's garments made from calico or cut down adult garments.

Spanning more than nine decades, the business printed 9,000 patterns, from high fashion designs to everyday clothing. Although Weigel's patterns gathered legions of devoted followers, there are few personal details on the public record and not a single verified photograph of the woman behind the brand-name.

After a long life of 92 years, Madam Weigel died in 1940, her business continuing until 1969 in the care of her employees.



Many of the artefacts that are Madame Weigel's journal, patterns and catalogue, as well as items made from her patterns, have been found and collected by enthusiasts.

The Victorian State Library has a collection of "Weigel's Journal of Fashion" from 1884 to 1950 and the Templin Historical Village Museum's vintage clothing and sewing collection holds some very old Madame Weigel patterns.

Madame Weigel offered a vital new development for Australasian seamstresses – paper patterns for home sewing. She was, and continues to be, the most remarkable of early Australasian businesswomen.

HISTORY COMES ALIVE

At the Templin Museum in Boonah, there is a small collection of Madame Weigel patterns. After reading the book "Madame Weigel, the Woman Who Clothed the Australasian Colonies" by Dr Veronica Lampkin, members of 'Common Threads' sewing group who regularly meet at the museum, decided to each take a pattern and make a garment as an exercise. They used old-style fabrics from deceased estates.



The exercise was interesting as the patterns, though sound, required a good general knowledge of sewing. The description of the stages of assembly would likely challenge today's younger sewers who have not been taught the skill at school.

The Museum has an extensive garment and textile collection, and many articles from clothing to household items were then identified as being created from Madame Weigel's patterns. There were enough items for an exhibition and when preparation began, more items, journals and patterns were donated. The collection was exhibited in Sydney and Brisbane, and acknowledging Madame Weigel to whom the women of Australia owe so much, was very special.

TALKING TASTY!

CARROT AND PARSNIP MUFFINS

Ingredients

Olive or canola oil spray
1 cup wholemeal self-raising flour
 $\frac{3}{4}$ cup white self-raising flour
 $\frac{1}{4}$ teaspoon paprika or curry powder
1 large carrot, peeled and grated
1 parsnip, peeled and grated
2 tablespoons grated Parmesan cheese
2 tablespoons chopped parsley or basil
2 eggs, beaten
2 tablespoons oil
1 cup low-fat milk



Method

Preheat oven to 190°C. Lightly spray muffin trays with oil. Sift flours into a large bowl, returning husks to the bowl. Add paprika and fold in carrot, parsnip, cheese and herbs. In a separate bowl mix eggs, oil and milk. Pour into the dry ingredients. Lightly combine but do not over-mix. Spoon into a greased 12 - muffin tray and bake for 25 minutes or until golden brown and firm to touch. Cool on a wire rack.

Makes 12.

Hint

These muffins freeze well and can be defrosted and microwaved to serve warm.

Serving suggestion

Serve with low-fat cheese such as cottage cheese, quark or labneh.

CROSSWORD BY NUMBERS SOLUTION

	1	3			1	4	6		
1	2	1	5		5	6	2	3	
1	5		9	5	6	7		1	3
	3	1		9	6		6	0	8
		5	9			9	4	2	0
2	4	2	6			7	8		
9	9	0		5	4		1	6	
6	7		6	6	9	5		3	4
	2	5	2	4		1	6	2	5
		5	0	2			1	1	



FLOWERS QUIZ – testing your knowledge about Spring's beautiful blooms!

1. Which cut flower is the most popular in the world?
2. What colour flowers represent 'purity and innocence'?
3. Which flower caused an economic bubble in Holland in the 1600s?
4. What part of the flower is called the corolla?
5. Which flower has smaller seeds, Orchids or Daffodils?
6. What flower is sometimes worn to commemorate soldiers who died in wars?
7. Who said: 'Where flowers bloom so does hope' – Shakespeare or Lady Bird Johnson?
8. Which edible flowers given to chickens make their egg yolks bright yellow?
9. Which flower is the largest in the world – Sunflower or Rafflesia?
10. What do ivy, clematis, wisteria, and trumpet have in common?
11. Which edible flower's name translates literally to 'nose twister'?
12. What type of flower is a 'Lady's Slipper'?
13. What direction do young sunflowers face at the start of the day?
14. Which flower is the emblem of the Freemasons?
15. What is the common name of the Narcissus plant?
16. What is the national flower of Ireland?
17. How many flowers are needed to prepare Bach Flowers?
18. Which part of a flower produces pollen?
19. What colour are the flowers of chives?
20. Witch hazel is a popular skin toner; what colour are its flowers?
21. Can you name 3 flowers grown from bulbs?
22. What sort of flower doesn't need soil to grow?
23. Which flowers were poisoned by the Wicked Witch in the film 'Wizard of Oz'?
24. The Bird of Paradise is related to which common tropical fruit plant?
25. In Greek mythology, what flower grew on the spot where a vain man died after falling in love with his own reflection?
26. Can you finish this Shakespearean sentence? "What's in a name? That which we call a rose, by any other name would ..."
27. Cornflower is also known as 'Bachelor's '
28. In 'The Sound of Music' a flower is described in a song: small and white, clean and bright. What is the name of the flower?
29. Dutch artist Van Gogh painted two types of flowers that became very famous; can you name them?
30. Finish the verse: Roses are red; violets are blue....

