

'Tugg Talks' Weekly Bulletin Friday 27 Oct 2023



COMMUNITY BILLBOARD!

Halloween at Canberra Railway Museum



Spooks and spirits descend upon Canberra Railway Museum once again! Ghastly goblins, creepy ghouls, Steve the skeleton crew and all kinds of other 'nasties' will be on site for the Halloween event on Sunday 29th October. Don your spookiest costume, explore the haunted carriages, and face the frightful ghost train!

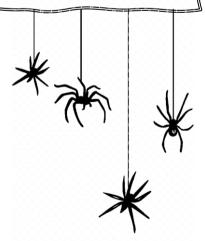
10am-3pm, Sunday October 29th.

Admission:

\$10 for adults\$7.50 for concessions\$5 for children (under 5's go free!)

Geijera Pl, Kingston ACT





"When witches go riding, and black cats are seen, the moon laughs and whispers, 'tis near Halloween."



LAST MINUTE REMINDER FOR OUR TRIVIA QUIZ – THIS SUNDAY 27 OCTOBER

Only two days to go now for our next trivia quiz this Sunday starting at 2.00 pm. So, get your team organised or just come along on the day and join a team with your fellow club members. Rhonda Jolley will be our quiz master and the format for Rhonda's

quiz will be similar to our past Sunday trivia quizzes.

Eight rounds each of ten general knowledge questions plus a table quiz sheet that your team can work on while Phil rounds up your answers and enters the scores to the white board.

As per usual, there will be chocolates for everyone, a great afternoon tea and a couple of door prizes to be won. Our overall team winners will each receive one of our coveted "Winners Certificates" plus a couple of other goodies and most importantly, bragging rights for a few weeks. All this for our regular \$5.00 activity fee.

So, get the brain cells ticking over and join us at 2.00 pm this Sunday 27 October for a fun and friendly afternoons activity. Even if you are not a trivia fan, it is a great way to get to know some of your fellow club members and you might get hooked and even win a prize. Don't forget that the public car park opposite the Club is free on a Sunday so there is no need to worry about parking. There is no need to book, just come along on the day and we usually finish around 4.00 pm. We hope that you can join us.

Norm Swanwick for the Trivia Team

'TAKE 55' MOVIE/COFFEE GROUP

Wed – 1 Nov – 10.00 am

It was lovely to have 3 new people join us for coffee and the movie on Wed. The movie was great, actors were very good, but the film was a long one - 3 ½ hrs! It could have been condensed as there were a lot of silences that could have been left out.

As there is not a suitable movie on Wed 1 Novr, we will meet at the Vikings Club Tuggeranong at 10.00am. Come and join us for coffee, conversation and lunch if you would like to stay. Pam Hall



CLUB CLIPBOARD!



THURSDAY MORNING POOL RETURNS NEXT THURSDAY 2 NOV

Thursday morning pool is back on the club's calendar and will be held on the **1st** and **3rd Thursdays of each month** starting at **10 am**.

Mike Kennedy will be our convener and invites all interested club members to join him for a couple of hours of fun and friendly social pool.

Doesn't matter what your skill level is as everyone is welcome, beginners to advanced. Perhaps you haven't played for some time or maybe you have been unable to join us on Tuesday morning. Perhaps Thursdays might be a more convenient time.

Not played before, why not come along next Thursday 2 November, and give it a go, you might get hooked. Our pool room is located in Gumnut Cottage. Hope you can join us?



FAMILY HISTORY GROUP Thurs – 2 Nov - 10.00 am Topic: 'It's fortunate his name wasn't Smith!'

Next Thursday November 2 is the meeting of the Family History Group at 10.00 as usual in the Hall. After our great guest speakers over the last two meetings, I will be presenting the topic 'It's fortunate his name wasn't Smith'.

Searching for someone with a family name that is shared by many, many people always demands more patience than a less common name. This is about one of my distant relatives who was born in Manchester, England in the 1880s.

I hope you can come along and perhaps reflect on your ancestors that have required hours and hours of sifting through names to, possibly, find the right person – or hit a brick wall. *Liz Dean*

SOCIAL SUNDAY BINGO Sunday – 5 Nov – 2.00 pm



Social bingo is on again on Sunday 5 November; John and Phil are your hosts for the afternoon with the bingo numbers projected on the big screen.

Social by name and nature, there are lots of groans when just missing out on that elusive last number! The prizes are modest, but the entertainment is priceless!

Bingo pens and pads are provided and there is always a delicious afternoon tea on offer - so why not come along and join the frivolity!

CLUB CLIPBOARD!

TIMETABLE

Sunday 29 Oct – Sunday 5 Nov

*GC Gumnut Cottage *TSC Tugg Seniors Centre		
Day / Date Time Activity		
Sun 29 Oct	9.20 am	Discover Canberra WG
Sun 29 Oct	2.00 pm	Sunday Trivia Quiz -
		TSC
Mon 30 Oct	9.30 am	Bolivia - GC
	9.30 am	Crafty Corner - GC
	9.30 am	Zumba - TSC
	10.30 am	Mov 4 Mem - TSC
	1.30 pm	Table Tennis - TSC
	2.00 pm	Improvers Bridge - GC
Tues 31 Oct	8.00 am	Active Ex – Men - TSC
	9.10 am	Active Ex – W – TSC
	10.00 am	LL Cycling Group
	10.00 am	Pool – Beginners - GC
	10.30 am	Heart & Soul - TSC
	1.00 pm	Mah-jong – GC
Wed 1 Nov	8.30 am	Intro to Birdwatching
	9.30 am	Cribbage – GC
	10.00 am	Ten Pin Bowling
	10.00 am	Carpet Bowls – TSC
	10.00 am	'Take 55' Movie Group
	12.15 pm	Line Dancing-AB-TSC
	1.00 pm	K-nit 'n' K-natter – GC
	1.30 pm	Line Dancing-Beg -TSC
	2.45 pm	Line Dancing-Imp – TSC
Thurs 2 Nov	9.30 am	500 Cards- GC
	10.00 am	Family History Gp - TSC
	10.0 am	Social Pool - GC
	1.00 pm	Mah-jong – GC
	2.00 pm	Book Club - TSC
	3.30 pm	Social Bridge – GC
	3.45 pm	Yoga - TSC
Fri 3 Nov	9.15 am	Tai Chi - TSC
	9.30 am	Pitch n Putt
	10.00 am	Cycling Group
	10.30 am	Seated Yoga - TSC
	11.45 am	Sit n Be Fit – TSC
	12.00 pm	Learning Circle – TSC
	2.00 pm	Carpet Bowls – TSC
Sun 5 Nov	9.20 am	Discover Canberra WG
	2.00 pm	Social Bingo - TSC

WHAT'S COMING UP!



Join us to celebrate the Race that stops the Nation! Tues - 7 Nov — 1.00 pm

The big race is not far away now and to celebrate the occasion, we will be holding a Melbourne Cup afternoon on Tuesday 7 November from 1.00 pm.

You can come early and bring along a picnic lunch or just drop in when you like, grab a sweep ticket, maybe enter our raffle, and then watch the event on our big screen. There will be nibbles on the tables and a glass of bubbly on arrival.

Sweep and raffle tickets will be available on the day and you can also grab them from the office next week.

The cost is \$5.00 and bookings with payment can be made at the office by *Friday 3 November*.

So why not dust off those dashing outfits and dress up, grab the form guide, and join us to celebrate Australia's most famous horse race.

WHAT'S BEEN HAPPENING!

MEET THE MAKERS



On Thursday 19th October, to coincide with the current photographic exhibition in the main hall, a 'Meet the Makers' session, was held with Justin Flynn and Andrew Rankine, the two photographers, on hand to talk about their work.

The session also included morning tea and the twenty-five members and guests enjoyed some delicious fresh baked treats courtesy of Jane (Andrew's wife) and Andrew.

Both the artists delivered wonderful talks about their practices, what inspires them and gave some detail on how and why they captured the images on display.

Justin outlined his personal history of photographs throughout his life, beginning with his early childhood experiences of his father's photography, developing and printing at his home 'darkroom' in the family laundry. He illustrated this with various historical photos and equipment on display. Also available to browse through were black and white photographs of Justin's work over the years and his current cameras which were used for producing the exhibit prints. He talked about why he takes photos and what he hopes people will experience when they view them, relating the extended difficulties of remote camping where many of the photos in the exhibit were taken.

Andrew talked about his mainly black and white film photography, using antique cameras, all taken in his (and Jane's) garden; of how he looked for interesting composition and play of light on the subjects, and of how and why he also took pictures with a telescope and a digital camera of distant objects in the night sky from the garden.

To wilfully misquote an historical figure "...and do the other things, not because they are easy, but because they are hard...", the challenge of black and white fully manual film photography is equal in complexity and reward to astrophotography, taking pictures of objects you can't see, according to Justin, and both were subjects of Andrew's photographs.

As one of the guests, Ann McMahon, Exhibitions and Public Programs Manager, Tuggeranong Arts Centre, remarked: 'The Club Hall is a great space for exhibiting and it was lovely to see a two man show so well presented'.



The photos left to right: Ann McMahon and Johnathan Davis congratulating Andrew and Justin for their initiative; Andrew with eager listeners; Justin and Megan Flynn; Andrew and Jane Rankine.



A TRICK OR TREAT TREAT!

Pumpkin Spice Greek Yogurt Dip

This pumpkin spice Greek yogurt dip is the ultimate healthy snack or dessert recipe. Ideal for dipping fruit or vegetables or eating on its own!

Ingredients

2 cups vanilla Greek yogurt (nonfat or whole milk work)

- 1 cup pure pumpkin 1 teaspoor
- 1 teaspoon cinnamon ¹/₄ teaspoon ground cloves
- 1 teaspoon vanilla
- ¹/₄ teaspoon nutmeg



Instructions

Place all ingredients in a food processor or blender and pulse until smooth. Pour into a bowl and serve with 'Pumpkin Patch Dippers'.

Pumpkin patch dippers – makes 12

These miniature pumpkins are the perfect dipping tool, are easy to make and very healthy.

Ingredients:

large carrot
 toothpicks

1 green onion

2 stems fresh parsley

Directions:

Peel the carrot and chop it into large coins.

Chop the green onion into small pieces to create the "pumpkin stems."

Chop the parsley in a way to make it look like a large leaf.

Press a toothpick into the top of the carrot, and then place a chopped piece of parsley on top.

Slide the green onion on top of the parsley.

Use to dip into Pumpkin Dip - yum!



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