

#### Weekly Bulletin Friday 2 December 2022

#### **MANAGEMENT COMMITTEE MONTHLY MEETING REPORT**

The new Management Committee has met twice since the AGM in October with new members Rhonda Jolly and Magda Sexton being welcomed.

The following items have been discussed, and actioned as detailed:

- 1. Gumnut Cottage gate lock the lock on the back gate to Gumnut Cottage has been replaced with a combination lock. This allows both easier access and provides a safer and easier emergency exit. Code for gate is available from the Club Office.
- 2. Bike Rack a bike rack has been installed in the grounds of Gumnut Cottage for members who ride their bikes to the Club with access now available from the back gate.
- **3. Graffiti on Outside Storage** it was agreed to obtain quotes to paint over the graffiti and to apply graffiti protection paint to protect the surface from further artistic additions.
- **4. Membership during December** it was agreed to reduce the membership fee (\$30.00) to the Joining fee only (\$15.00) in December with a renewal fee to be paid when the renewal period occurs (Jan-Mar).
- **5. New Activity in 2023** the submission by The Heart and Soul Singers to join the activity program in the New Year was approved and they will now officially become the Club's resident choir.

#### President's Report

President, Phil Burns, reported on:

- his recent talk to the local Tuggeranong Men's Shed which was very well received
- the positive outcome from the recent 'Snack n Chat' collaboration with Lake Tuggeranong College.

There are still two positions vacant on the Committee so if you would like to be part of the Management process, please contact the Club Office.

Henderson / Secretary

#### **CLUB CLIPBOARD**

#### **TIMETABLE**

Sunday 4 Dec – Sunday 11 Dec

Gumnut Cottage \*TSC Tugg Seniors Centr

*GC Gumnut Cottage *TSC Tugg Seniors Centre		
Day / Date	Time	Activity
Sun 4 Dec	9.20 am	Discover Canberra WG
	2.00 pm	Christmas Bingo - TSC
Mon 5 Dec	9.30 am	Bolivia - GC
	9.30 am	Zumba - TSC
	9.30 am	Crafty Corner - TSC
	10.30 am	M 4 M - TSC
	1.30 pm	Table Tennis - TSC
	2.00 pm	Social Bridge - GC
	4.30 pm	Yoga - TSC
Tues 6 Dec	8.00 am	Active Ex – Men - TSC
	9.10 am	Active Ex – W – TSC
	10.00 am	LL Cycling Group
	10.00 am	Garden Gossip - GC
	10.00 am	Pool - Beginners
	1.00 pm	Mah-jong – GC
	1.15 pm	Seated Yoga
Wed 7 Dec	8.00 am	Birdwatching Group
	9.30 am	Cribbage – GC
	10.00 am	'Take 55' Movie Group
	10.00 am	Carpet Bowls – TSC
	10.00 am	Ten Pin Bowling
	12.15 pm	Line Dancing-AB-TSC
	1.00 pm	K-nit 'n' K-natter – GC
	1.30 pm	Line Dancing-Beg -TSC
	2.45 pm	Line Dancing-Imp – TSC
Thurs 8 Dec	9.30 am	500 (Cards)- GC
	10.00 am	'Tugg Chuckers'
	1.00 pm	Mah-jong – GC
	3.30 pm	Social Bridge – GC
	3.45 pm	Yoga - TSC
	7.30 pm	On-line Trivia
Fri 9 Dec	9.15 am	Tai Chi – TSC
	10.00 am	Cycling Group
	11.45 am	Sit n Be Fit – TSC
	12.00 pm	Learning Circle – TSC
	2.00 pm	Carpet Bowls – TSC
	3.00 pm	Uke 55 - GC
Sun 11 Dec	5.00 pm	Aussie Xmas BBQ



Christmas Bingo heralds the start of the Club's 'celebration of the Season'. With a Christmas theme, and John and Phil as your 'hosts', sheets and dobbers are available on entry.

While there is a lot of laughter, this game gives your brain a gentle workout at the same time. Why not come along and discover why this game is so popular!

#### AUSS E CHRISTMAS BBQ SUNDAY

11 DECEMBER - 5.00 pm

There is still time to book your place at the Aussie Christmas barbecue with bookings closing **next Thursday**.

For \$5.00 and from 5.00 pm, we will enjoy a sausage or two, onions, bread, bubbly. juice, tea / coffee, Christmas cake and some sweet treats, but entertainment from the Heart and Soul Singers and Leo Laverty. We ask you to bring your own salads and tableware (to be taken home to wash!) and if you would prefer something more exotic than a sausage, please feel free to bring it which you are welcome to cook.

A perfect way to end another Club year!



#### **CLUB CLIPBOARD**





#### Tuesday – 6 December – 10.00 am PARTY, PLANTS AND PLANS



The last meeting of the year for the GG group will be Tuesday 6 December.

To celebrate the success of our group and the end of the 2022, members are invited to bring a plate (with something on it!) and anything you might have for the sharing table.

To help the conversation along, our discussion topic will be planning - what do you have planned for your garden if you have visitors coming over the festive period, or for your garden more generally in 2023? Ideas for our next year's meetings and where/when we might have excursions during the good weather of summer and autumn. For example, the MV Southern Cross will be doing a Government House Garden Cruise every Thursday in March and April, which includes an exclusive garden tour. Cost without high tea is \$24 per person at the concessional rate - would some members like to join me on one of these cruises?

**Note:** there will be no meeting in January as the Club will be closed and many of us will be recovering from an excess of visitors/visiting and festive activities! However, perhaps we can organise a picnic outing in January instead, to either the Featherstone Gardens in Weston or the Botanic Gardens.

We look forward to seeing many of you next Tuesday!

Mandy & Jill

### Wednesday – 7 Dec – 8.00 am BIRDWATCHING GROUP

The Birdwatching Group will go to Commonwealth Park on Wednesday 7 December. Meeting at the National Capital Exhibition Building at Regatta Point at 8.00 am, we can observe the birds before they retire for their siesta.

Please let Lia know if you intend to come, so that the group can look out for you.

Contact email:

liabattisson@grapevine.com.au











#### Wednesday – 7 Dec – 10.00 am 'TAKE 55' Movie/Coffee Group

We had a very nice meetup for coffee on Wednesday before going to see *Seriously Red* at Limelight. The movie was a pleasant surprise, great music and good cast; overall a comedy but also addressing an unhappy family situation.

As we do not want to see any of the movies that are on next week, we will meet at Vikings Club at 10.00 am next Wednesday 7 December. Everyone is welcome to join us! Pam Hall

#### **CLUB CLIPBOARD**



## Thursday – 8 December – 7.30 pm 'ON-LINE' TRIVIA WITH FRIENDS

The last 'On-line' Trivia is being held on Thursday, 8 December so why not join fellow members and Tuggeranong Probus members for a Christmas themed finale for the year! On-line Trivia is held on the second Thursday of each month, commencing at 7.30 pm. It is a different format to that of 'Quiz Master' Norm, but nonetheless interesting and fun.

You need to download zoom.com on your computer, iPad or tablet. Anne will send you an email between 6.00-6.30 pm on the night with the link with which to join our session. Please email her at <a href="mailto:ameade@pcug.org.au">ameade@pcug.org.au</a> by Wednesday so that she can send you the link. If you would like more information, please give Anne a call on 0400 772 424.

Why not gather the family together or invite a friend or two to join you? Teams or individuals are welcome – the more, the merrier!!



Friday 9 December - 3.00 pm 'UKE 55' - UKULELE GROUP









The Club's Ukulele group, Uke 55, has its final session for the year next week. Garry has suggested that you along bring a Xmas plate (with some food on it) to share! And why not wear some Christmas bling to help get into the swing of the season.

Garry Owen, Ukemeister extraordinaire, leads the group and all music and words are projected onto the big screen. The session is held at Gumnut Cottage, so, grab your Uke, and come along and join the fun!

#### **CHRISTMAS COLLECTION BASKET**

You may have noticed that it's 'beginning to look a lot like Christmas'. Norm Swanwick has put up the Christmas tree and decorated the hall. The little knitted nativity scene (courtesy of the talented KNK ladies) adds the final touch as the 'reason for the season'.

We are collecting again this year for 'The Little Pantry' and there is a trolley next to the Club office for donations of non-perishable food and other items.

The Little Pantry is a not-for-profit emergency food relief service which is run primarily on donations with the items given to those accessing services provided by the Woden Community Service.

Every month the Little Pantry helps members of the local community with a small number of non-perishable food and hygiene items when they are in emergency situations.

#### Most needed items:

Canned fish / meat - Tea / coffee - Pasta sauces - Pasta / rice / Long life milk Canned fruit / vegetables / Noodles / beans / Personal items Feminine hygiene products - Toiletries - Nappies - Baby wipes



#### **ACTIVITIES UPDATE!**

## CARPET BOWLS CHRISTMAS ARRANGEMENTS



The last Carpet Bowls will be on Friday 9 December, and we will return in the new year on Wednesday 18 January.

We are having our Christmas Lunch on **Thursday 8 December** at Vikings Town Centre and hope to catch up with everyone then.

I would like to thank all members who have supported Carpet Bowls over the past year and here's hoping we can expand our numbers in the new year.

Wishing everyone a Happy and Safe Christmas.

John Dahl

#### LINE DANCING -CHRISTMAS LUNCH



Getting organised early, the Line Dancing Christmas lunch will be held on

Wednesday 21 December at 12.30 pm at the Tuggeranong Southern Cross Club. Please email RSVP if you would like to attend to shirl@netspace.net.au

# IT HAS NO EMISSIONS, KEEPS ME FIT, AND THE AXLE-MOUNTED COCKTAIL SHAKER MIXES A MEAN LITTLE MARTINI BY THE TIME I GET HOME.

## LEISURELY LADIES CYCLING GROUP

On the fifth Tuesday of the month, ten members of the lovely Leisurely Ladies Cycling group did a longer ride in the Chinese Gardens next to Lake Burley Griffin.



The weather was perfect, and they were on their way to lunch at the refurbished Snapper restaurant - a fitting end to a fabulous ride!

#### DID YOU KNOW? THE FIRST BIKES WERE CALLED 'VELOCIPEDES'

Before there were bicycles, there were <u>velocipedes</u>. Primitive, pedal-less, and un-steerable wooden precursors to bikes emerged at the end of the 18th century, but in 1818, Baron von Drais earned a patent for a device with a padded saddle and a steerable front wheel. The patent was filed under the name "velocipede." The term "bicycle" didn't emerge until 1869.

#### A CELEBRATION OF 'SEASONAL' SUNDAYS

During the month of December, we are celebrating the season each Sunday.

This coming Sunday is 'Christmas' Bingo followed by our Aussie Christmas BBQ the following week. And then we have our



those activities associated with Christmas giving.

## SUMMER CHRISTMAS TRIVIA! SUNDAY 18 DECEMBER - 2.00 pm

Christmas is just around the corner and it's time again for our last formal club activity for the year, our Christmas Fun Trivia Quiz. Our end-of-year trivia quiz this year will be a general knowledge fun summer quiz with a little bit of Christmas added to keep in the spirit with the season. Our questions will be all about those things we like to do during the summer months including reading, movies, TV, holidays, food, shopping and all

Our prize cupboard has been restocked with lots of giveaways. There will be eight rounds, each of ten questions, as well as our usual mystery prize questions where a team member can score a prize for themselves. Our overall team winners will each receive one of our coveted "Smartie Pants" certificates and more importantly, "bragging rights" for the next few weeks. There will be door prizes, special free activity vouchers, chocolates for everyone, and a great afternoon tea of Christmas fare. All this for our normal \$5.00 activity fee.

Our quiz questions will include a couple of movie trailers, a classic TV comedy sketch, and picture quizzes, all projected onto our big screen and there will be lots of fun tunes to get the feet taping and the brain cells turning over. So why not put on your Santa thinking caps and come along and test your knowledge about all things Christmas, New Year, and the summer season? The Christmas lights are on, the tree is decorated, and the tinsel is all a glitter.

You can form a team with your family or friends or just come along and join a team with your fellow club members. Even if you are not a trivia fan, it's a great way to celebrate the season, have a bit of fun and get to know some of your fellow club members. Don't forget that the public car park is free on a Sunday so there is no need to worry about parking.

So why not join us on 18 December for a fun and friendly afternoon activity? Bookings are not necessary just come along on the day. I hope you can join us.

Norm Swanwick

